

Lincoln County Community Health Assessment 2013



Lincoln County Health Department

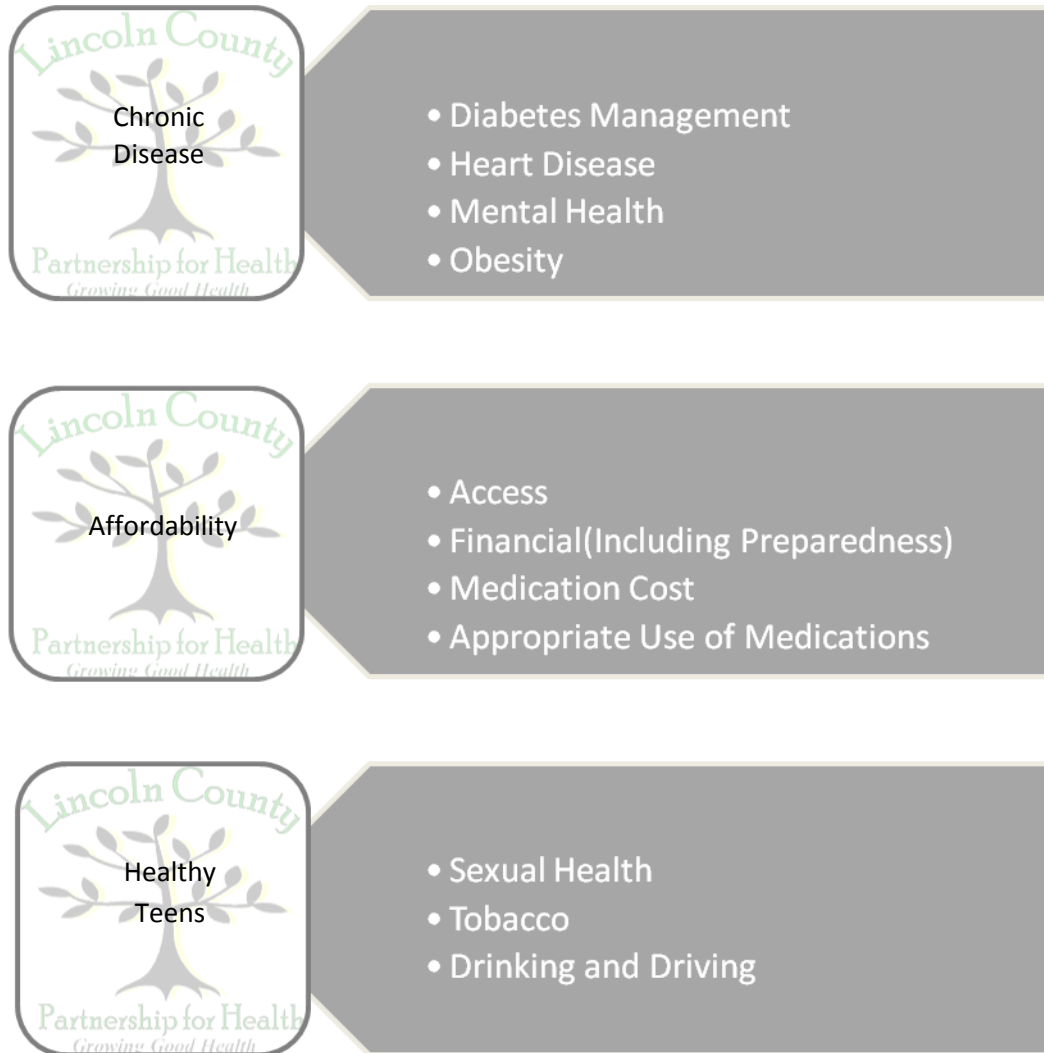
Lincoln County Partnership for Health

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Lincoln County Partnership for Health

Lincoln County Partnership for Health is a community-based partnership that brings together community members, leaders and organizations to address local health issues. The Partnership divided into three sub groups to address the needs of Lincoln County citizens for 2010-2013.



A complete Partnership organization list can be found in Appendix A.

INTRODUCTION

What is a community health assessment?

A community health assessment (CHA) is a systematic analysis of the health status of a given population that is used to identify priority health concerns in a community. The ultimate goal of this type of examination is to develop strategies to address local health needs. The CHA is a required document that must be submitted for accreditation by local health departments and is utilized by agencies and organizations to educate the public about the health of the community obtain grant funding and form collaborative partnerships.

Every four years local health departments in conjunction with community and state partners conduct a CHA. The purpose of the CHA is to:

- Evaluate the health status of each county in relation to the state's health objectives
- Identify and prioritize health issues within individual counties that do not meet state objectives and/or pose a threat to the health of the community
- Develop strategies to address priority health concerns

Data Collection and Methodology

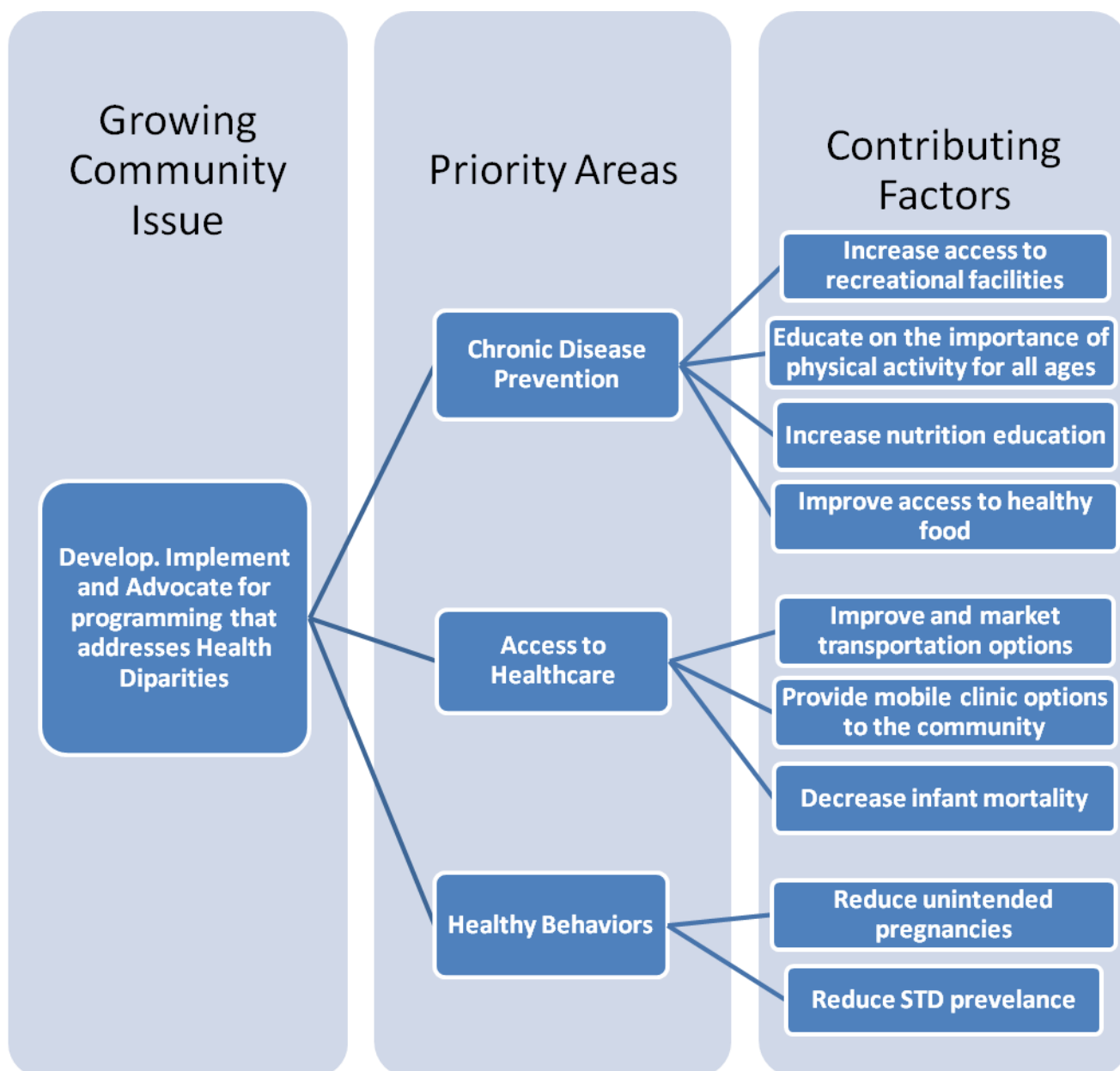
Lincoln County specific data is not available for many health indicators. To supplement regional data from the North Carolina State Center for Health Statistics *Behavioral Risk Factor Surveillance System* and mortality data, the Lincoln County Partnership for Health committee members decided to collect primary data from a 35 question survey utilizing a convenience sample within the community. 427 surveys were collected and analyzed using Survey Monkey. Surveys were distributed to local libraries, flu clinics, Partnership for Health members/ agencies, Board of Health, health department clients, website, and daycare centers.

Community Health Priorities and Next Steps

Lincoln County Board of Health and Partnership for Health

On November 5, 2013, the Lincoln County Board of Health and on November 18, 2013, the Partnership for Health was presented with the statistical data that will be used in the 2013 Community Health Analysis. Following the review of the leading causes of mortality and morbidity, risk factors, disparities and the 2013 Community Health Assessment Survey results for Lincoln County, the Partnership for Health engaged in an extensive conversation regarding the meaning of the data. The discussion noted emerging issues and the Partnership for Health identified 3 priority areas for future programming.

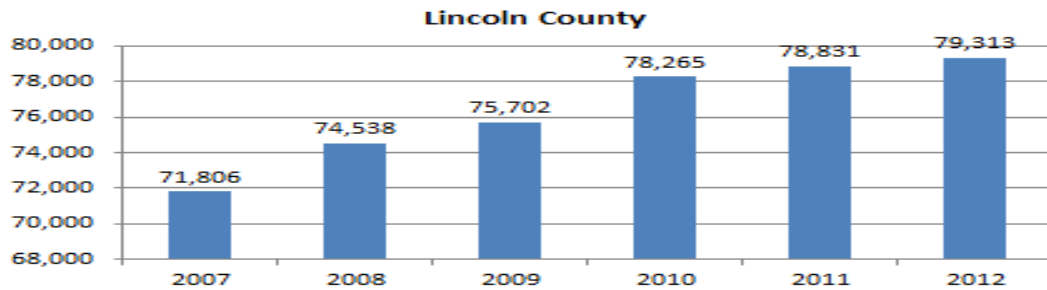
The committees selected the following priorities for the 2013 – 2017.



Lincoln County Demographic Statistics

Population

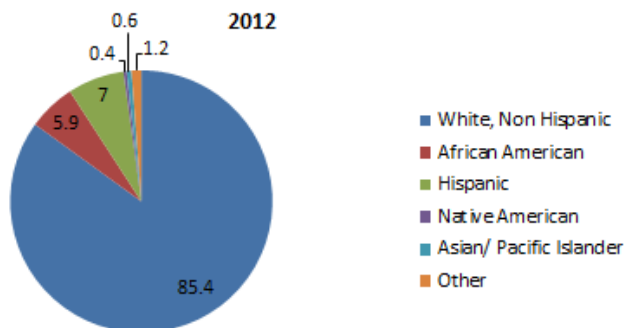
Total Population 2007-2012



Lincoln County's population continues to grow. North Carolina has grown 2.3% in the past two years and Lincoln County grew 1.3%: from 78,265 in 2010 to 79,313.

U.S. Census

Population by Race (Percentage)



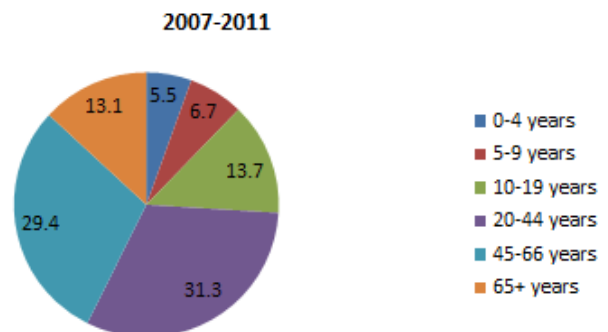
Males and females are right at 50 % of the population. Hispanic is the largest minority group in Lincoln County, but has decreased 1.5% since 2007

U.S. Census

Population by Age (Percentage)

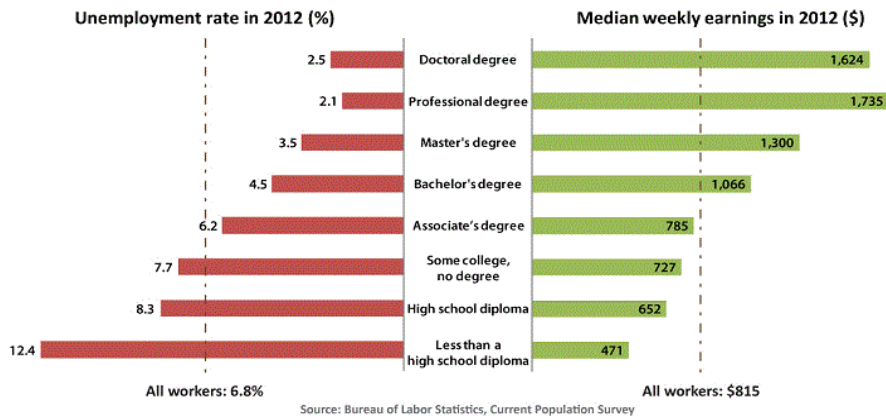
The 60 years and older group went from 18.2% of the Lincoln County Population 2009 to 19.4% of the population from 2007-2011. The need for health resources increase due to an increased rate of chronic disease in the 60+ years population.

U.S. Census



Education

Earnings and unemployment rates by educational attainment



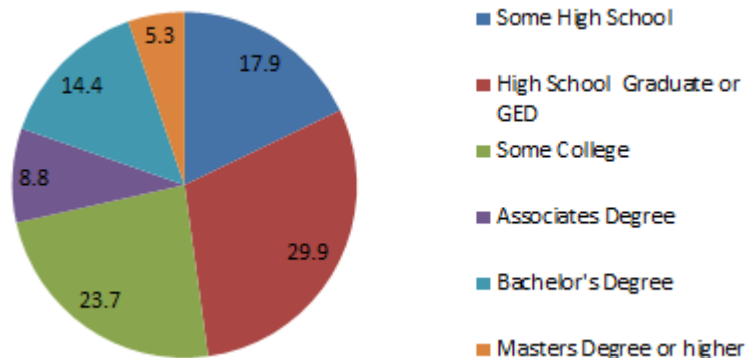
Education Pays

Education Pays: People with lower educational attainment have less insurance coverage and receive less medical care and have poorer health outcomes.

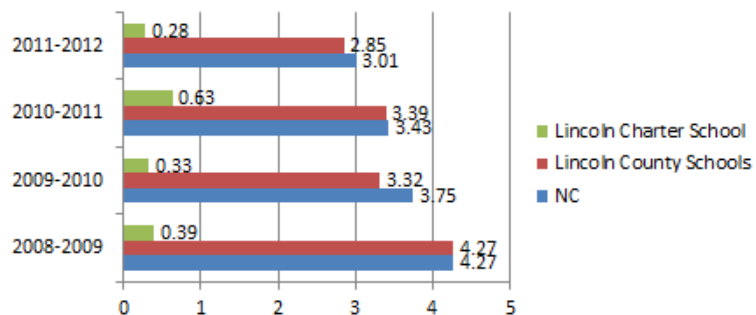
Educational Attainment

Lincoln County is slightly below the state average, but has continually improved over the years. Since 2009 our high school graduation rate has improved 6.2% with a college participation increase of 10.4% so that just about half of our Lincoln County residents are going to college.

LEDA 2013 Fact Book, 2010 US Census



Education: Dropout Rate Grade 9-12



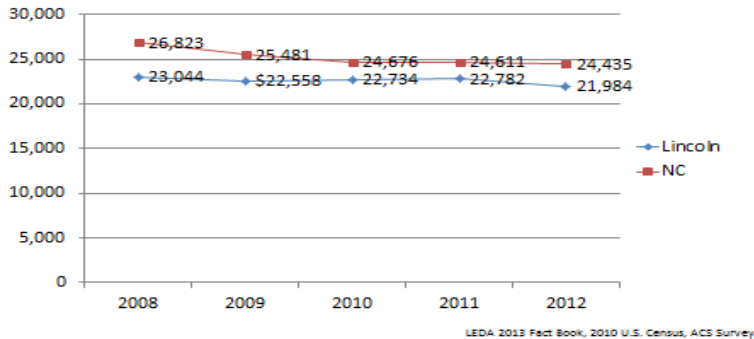
Drop Out Rates

Lincoln County Schools and Lincoln Charter School Dropout rates stay below the NC rate, and in 2010-2011 both school systems had a slight rise in dropout rates, that went down significantly for 2011-2012.

NC DPI

Economic Factors

Economic Factors: Per Capita Income

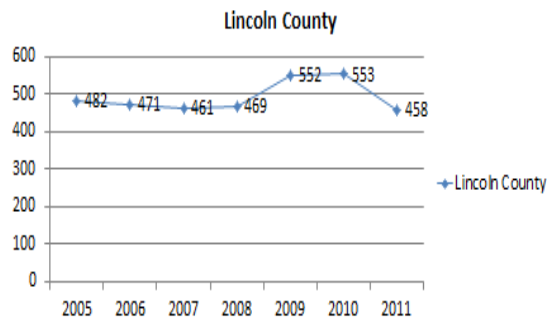


Per Capita Income

Lincoln County is below the state Per Capita Income, but has stayed in sync with the growth and decline of NC

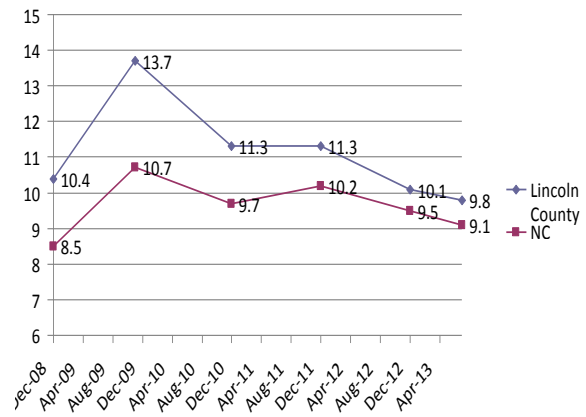
LEDA 2013 Fact Book,
2010 US Census,
ACS Survey

Foreclosures



INC Housing Finance Agency, NC Justice, NC Foreclosure Help

Unemployed



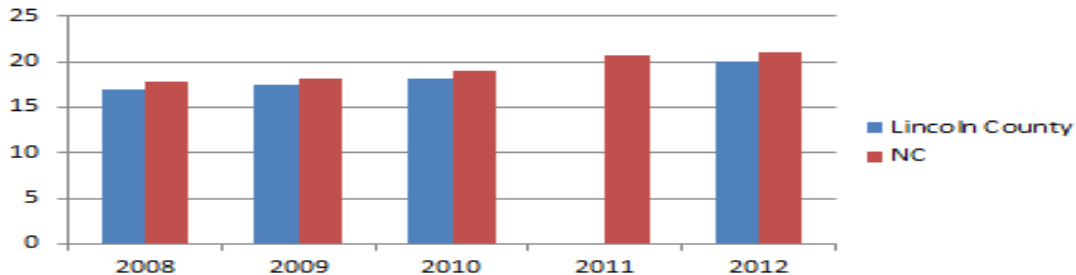
NC ESC

Lincoln County has a higher unemployment rate than that of NC. The economic and educational factors are correlated to access to care, quality of care, quality of life (mental and physical health, chronic disease) and the cost of increased health care needs to the county.

NC ESC

Access to Care

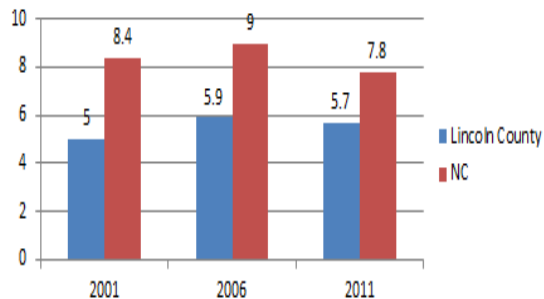
Uninsured in Lincoln County



According to the BRFSS report, Lincoln County Region (Piedmont Region) uninsured rate is continuing to increase. Due to a change in data reporting Lincoln County does not have reportable data in 2011 and the years 2011 and 2012 are weighted differently than in previous years.

NC BRFSS

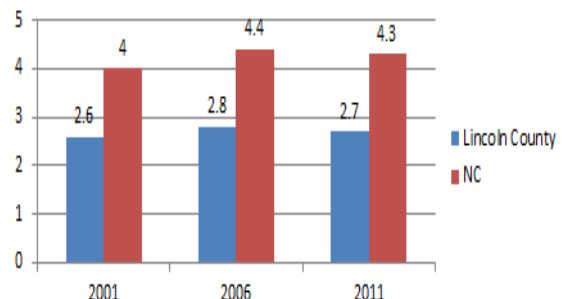
Access to Care: Health Care Providers Primary Care Physicians



Trend Data: Rates per 10,000 residents

NC SCHS

Access to Care: Health Care Providers Dentists



Trend Data: Rates per 10,000 residents

NC SCHS

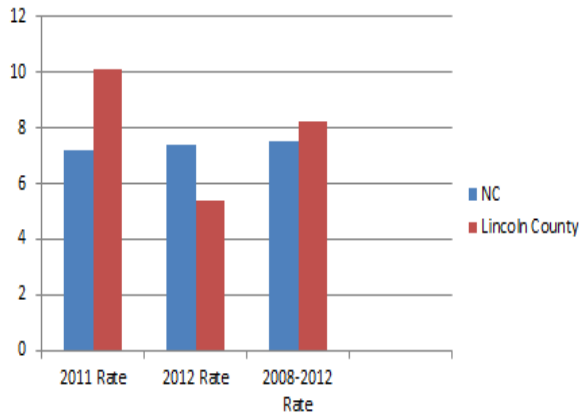
Compared to the state rate, Lincoln County has twice the number of people per doctor or dentist available to them. This rate drives up emergency room visits and decreases the attainability of access to care for Lincoln County residents.

NC SCHS

LINCOLN COUNTY HEALTH STATISTICS:

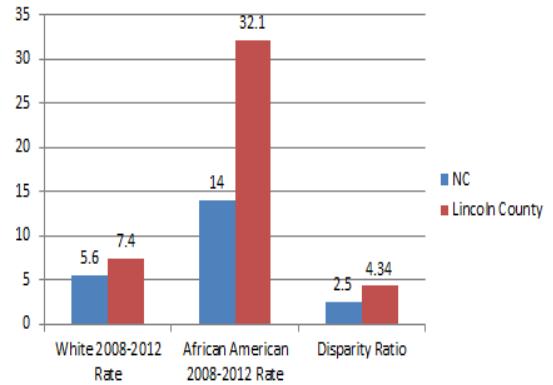
Maternal and Child Health

Infant Mortality



NC DHHS SCHS August 2013

Infant Mortality Racial Disparities



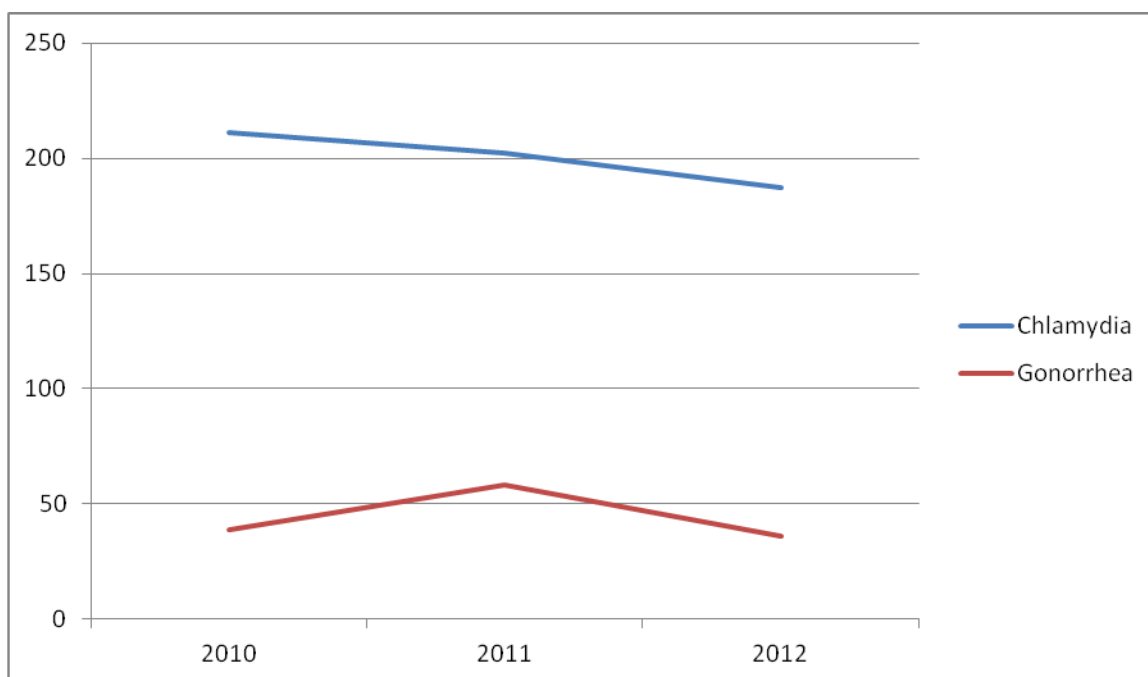
The rate of infant mortality is a key reflection of the health of the county. Lincoln County's infant mortality rate is highly influenced by small changes given the size of our county, but this is something to closely monitor. Lincoln County has stayed below the NC rate for teen pregnancy.

NC SCHS

Teen Pregnancy



Communicable Disease



Lincoln County Chlamydia and Gonorrhea Cases 2010-2012

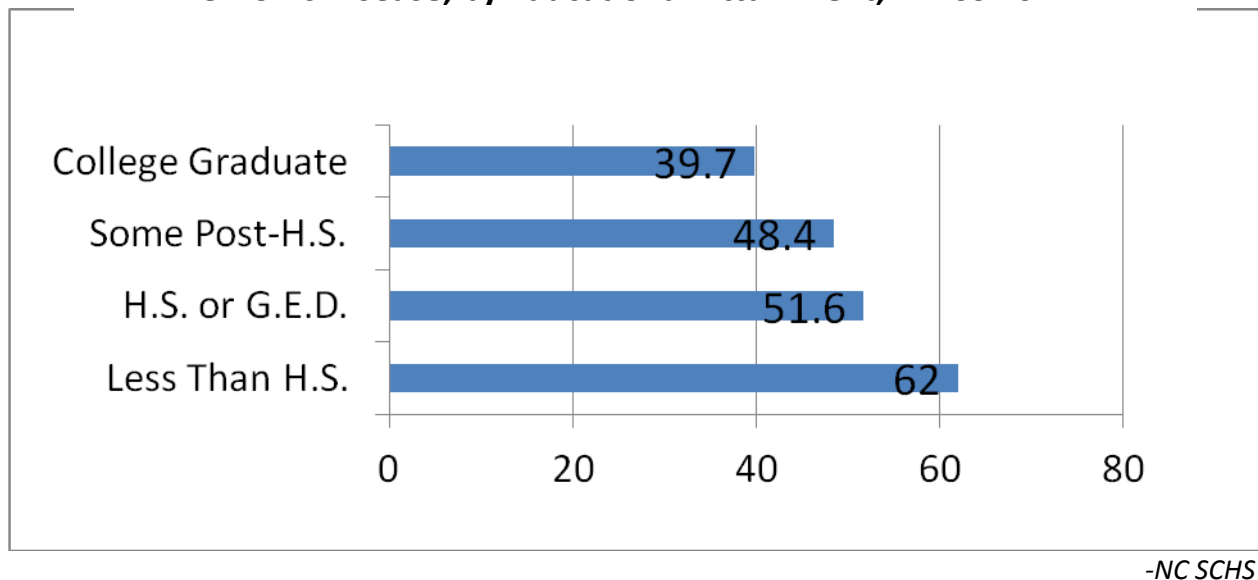
-TATP Reported Case Counts STD 2010-2012

- Communicable disease includes sexually transmitted infections. Sexually transmitted infections, or STIs, can cause long term health problems, particularly in women and infants. Some of the health complications that arise from STIs include pelvic inflammatory disease (PID), infertility, tubal or ectopic pregnancy, cervical cancer, and perinatal or congenital infections in infants born to infected mothers. In Lincoln County, our numbers for Chlamydia and Gonorrhea are decreasing. The Lincoln County Health Department has a Communicable Disease Clinic and a Family Planning Clinic that test for STIs. HIV and AIDS patients are referred to the state Disease Intervention Specialist for further case management.

CHRONIC DISEASE

Chronic disease is persistent and individuals affected have a long course of illness. Chronic diseases include heart disease, cancer, diabetes and asthma. As a nation, 75% of our health care dollars goes to treatment of chronic diseases. These persistent conditions attribute to the nation's leading causes of death and disability. **Many of these diseases could have been prevented, but instead caused lifelong disability, compromised quality of life, and burdening health care costs.** Lincoln County's growing minority population and aging population are continuing to be at a greater risk of developing many chronic diseases. Issues that are detected early-on through various screenings are more easily controlled or reversed than issues that are found after chronic disease onset has taken place.

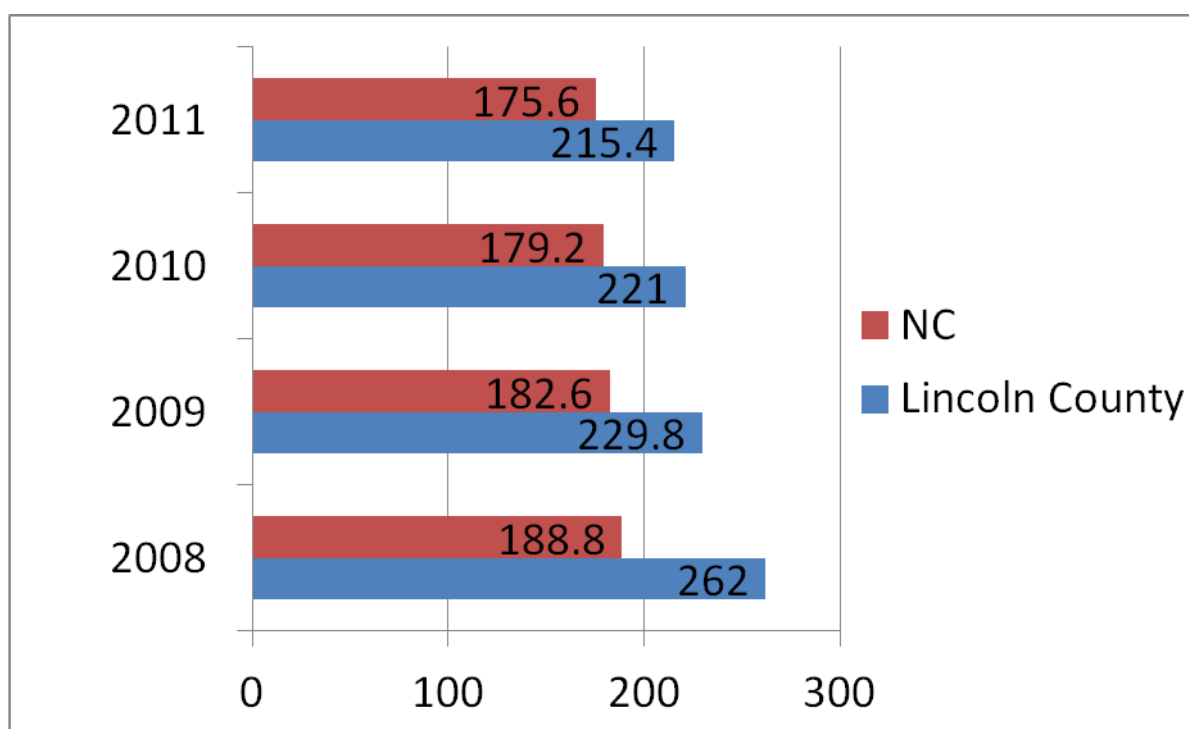
Percentage of Lincoln County Region Residents reporting at least ONE Chronic Disease, by Educational Attainment, BRFSS 2012



- Lincoln County Region residents were statistically more likely to report that they had at least **ONE chronic disease condition**, as educational attainment status decreased.
- Lincoln County Region residents and North Carolina residents reporting that they had at least ONE chronic disease condition answered statistically similar at 49% and 50.3%, respectively.

HEART DISEASE and STROKE

Heart Disease Mortality – Death Rates per 100,000



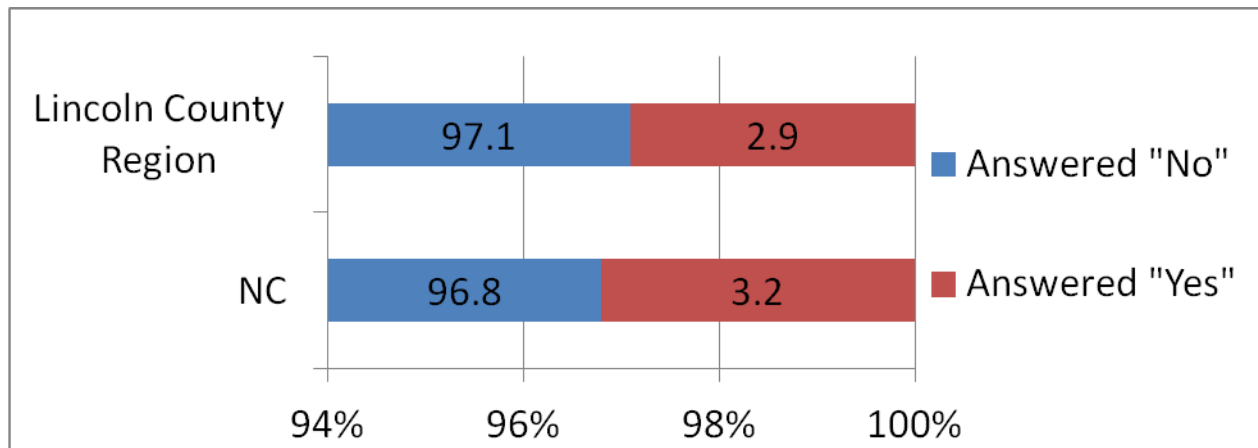
-NC SCHS

- Lincoln County had a **heart disease** mortality rate of 215.4 in 2011. This is higher than the North Carolina death rate of 175.6. However, the death rates have shown a decline between the years of 2008 and 2011. Additionally, the disparities gap between Lincoln County and North Carolina has been trending closer together in recent years.
- When asked “Has a doctor, nurse or other health professional EVER told you that you had a **heart attack also called a myocardial infarction?**”, Lincoln County Region residents and North Carolina residents responded “NO” 96% and 95.4% of the time, respectively. These results show that Lincoln County Region residents responded the same or slightly better when compared to North Carolina residents.

-NC SCHS, BRFSS 2012

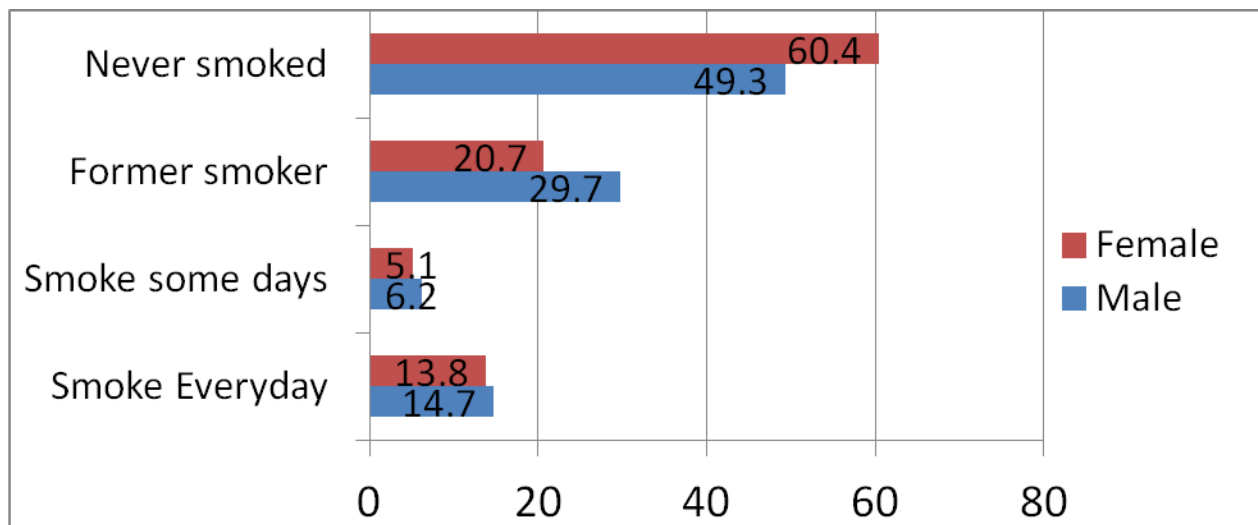
- When asked “Has a doctor, nurse or other health professional EVER told you that you had a **stroke?**” Lincoln County Region residents responded the same or slightly better when compared to the state.

History of Stroke, BRFSS 2012



-NC SCHS

Lincoln County Region Smoking Status by Gender - Percentages, BRFSS 2012



-NC SCHS

- **Smoking** is a major risk factor for both heart disease and stroke. Almost one in five adults in the Lincoln County Region reported that they are current smokers. 20.2% in 2011 and 19.9% in 2012 of Lincoln County respondents reported that they were **current smokers**, compared to North Carolina respondents at 21.8% in 2011 and 20.9% in 2012.

Percentage of NC High School Students (9th – 12th grade) who have tried smoking (even one or two puffs), High School Youth Risk Behavior Survey

Year	Male	Female
2011	46.3	42.9
2009	46.3	46.1
2007	51.8	48.8
2005	55.9	52.7

-YRBS 2005-2011

- The percentage of high school aged students **who report that they have ever tried smoking** (even one or two puffs) has dropped by almost 10 percentage points for males and females between 2005 and 2011.0.

Percentage of NC High School Students (9th - 12th grade) who have smoked cigarettes, cigars, cigarillos or little cigars; Or used chewing tobacco, snuff or dip on at least 1 day (during the 30 days before the survey), High School Youth Risk Behavior Survey

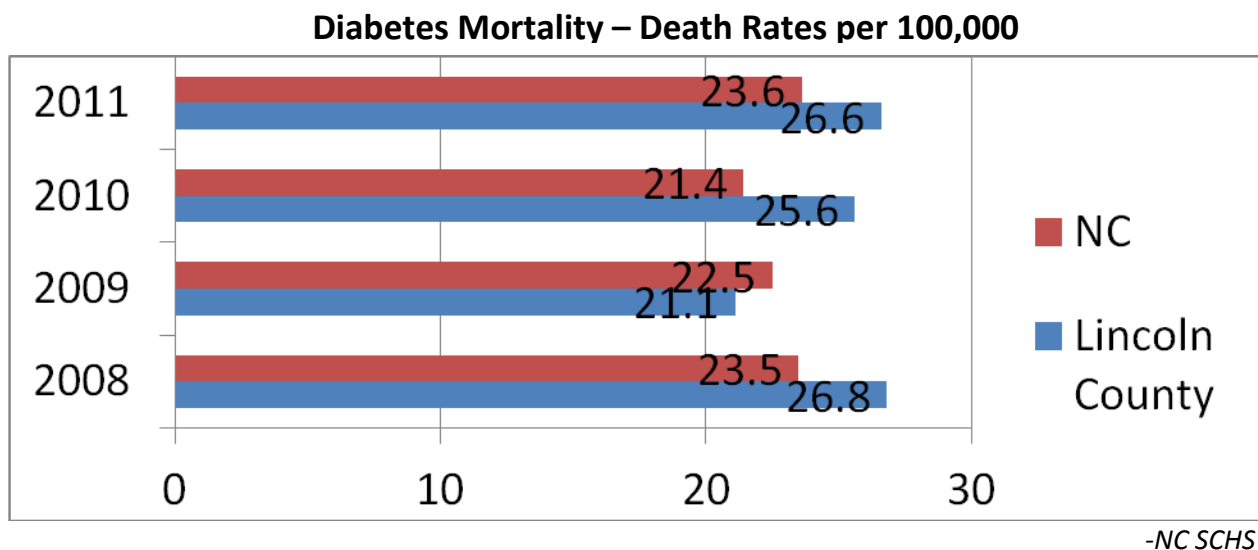
Year	Male	Female
2011	28.1	18.5
2009	29.8	21.8
2007	30.3	21
2005	31.7	25.1

-YRBS 2005-2011

- The percentage of high school aged students who have **tried tobacco products during the 30 days before the YRBS survey** (including tobacco products listed in the chart above) has been on the decline in the past 4 reported years. It is important to notice that male, high school aged students were more likely than female, high school aged students to report that they had used one of the above mentioned tobacco products during all reported years.

DIABETES

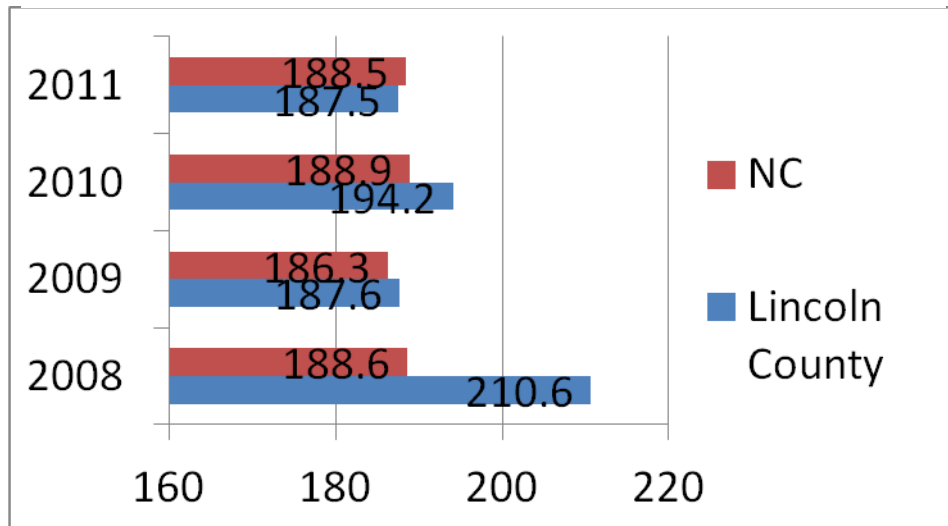
- Lincoln County is ranked 41 out of 100, in Clinical Care, according to the County Health Rankings Report that was published in 2013. With a **diabetic screening percentage** of 91% in Lincoln County compared to 88% in NC. The nation benchmark is 90%.
- 11% of Lincoln County residents report having a **diabetic health outcome** compared to 10% in North Carolina.



- The **diabetes mortality** rate has remained mostly constant in the 4 years reported, except when the Lincoln County rate (21.1) fell below the North Carolina rate (22.5) in 2009. North Carolina has remained constant for all four reported years. Lincoln County has remained 3-4 deaths per 100,000 above the rate for North Carolina for 2008, 2010 and 2011.
- When asked “Has a doctor, nurse or other health professional EVER told you that you have **diabetes?**” Lincoln County Region residents responded “YES” 9.9% of the time compared to the state at 10.4% of the time. Additionally, Lincoln County Region residents responded “No, borderline diabetes” 1.2% of the time compared to the state as 1.3%.

CANCER

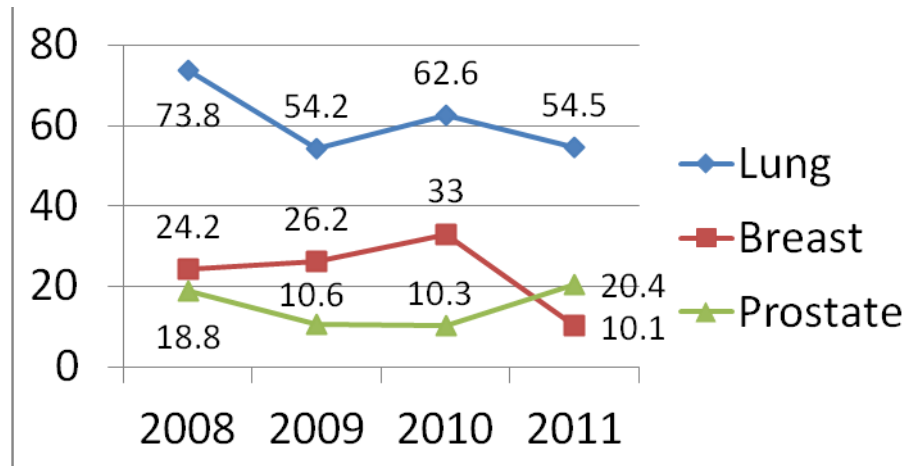
Cancer Mortality, All Sites – Death Rates per 100,000



-NC SCHS

- Lincoln County's **cancer rates (all sites)** has shown decreasing trend over the last four reported years, although we have had more reported cases than North Carolina every year except 2011. Lincoln County showed a spike in **cancer mortality** in 2008 which dropped the year after and has remained mostly constant, even though the data shows a slight rise in 2010.

Lincoln County Cancer Mortality, Selected Cancers – Death Rates per 100,000



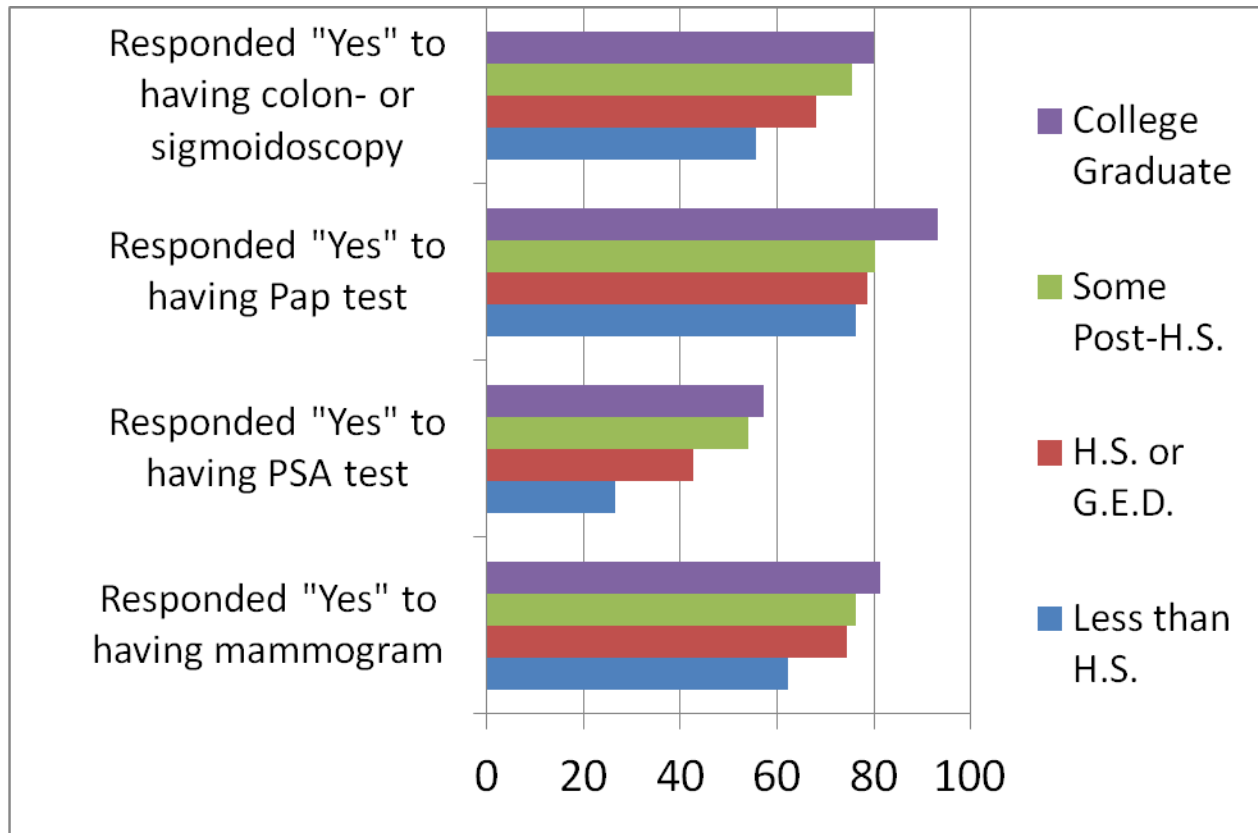
-NC SCHS

- Mortality rates for lung, breast and prostate cancers varies in Lincoln County. Lincoln County lung cancer rates have remained unsteady over the past four reported years when compared to North Carolina's rates which have remained between 57.1 and 58.
- Lincoln County breast cancer mortality showed a sharp decline in 2011 (10.1) when compared to the past 4 reported years and North Carolina's 2011 rate of 26.4.
- Lincoln County's prostate cancer mortality had fallen steadily and below North Carolina's rates between 2008 and 2010. Lincoln County's rate spiked back up in 2011 to 20.4 which is slightly higher than North Carolina's rate of 18.2.

Early Detection is the Best Prevention

- **According to the 2012 BRFSS...**
 - 75.1% of women aged 40+ in the Lincoln County Region and North Carolina responded "Yes" when asked, **"Have you had a mammogram within the past 2 years?"** Mammograms are key to detecting breast cancer early.
 - 47% of men aged 40+ in the Lincoln County Region responded "Yes" when asked, **"Have you had a PSA test in the past 2 years?"** Compared to 48.7% whom answered "Yes" in North Carolina. A PSA test is essential in detecting prostate cancer.
 - 83.3% of women aged 18+ in the Lincoln County Region responded "Yes" when asked, **"Have you had a Pap test in the past 3 years?"** Compared to 81.6% whom answered "Yes" in North Carolina. A pap test is key in detecting HPV, a virus that causes cervical cancer.
 - 71.1% of individuals aged 50+ in the Lincoln County Region responded "Yes" when asked, **"Have you ever had a colonoscopy or sigmoidoscopy?"** Compared to 70.6% whom answered "Yes" in North Carolina. These tests are important in detecting colon cancer.

**Lincoln County Region “Yes” Response Percentage Rates regarding
Cancer Screenings by Education Attainment, BRFSS 2012**



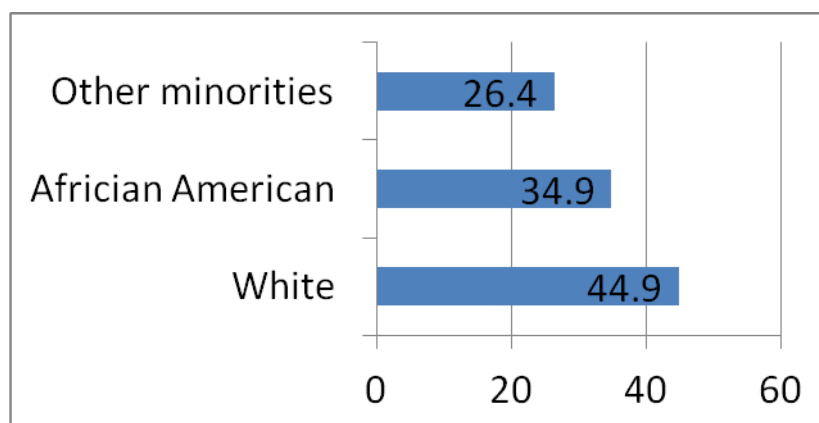
-NC SCHS

- In all cases above, higher educational attainment led to a higher percentage of “Yes” responses when asked about cancer screenings in the Lincoln County Region. The above graph shows an apparent health disparities gap.

OVERWEIGHT/OBESITY

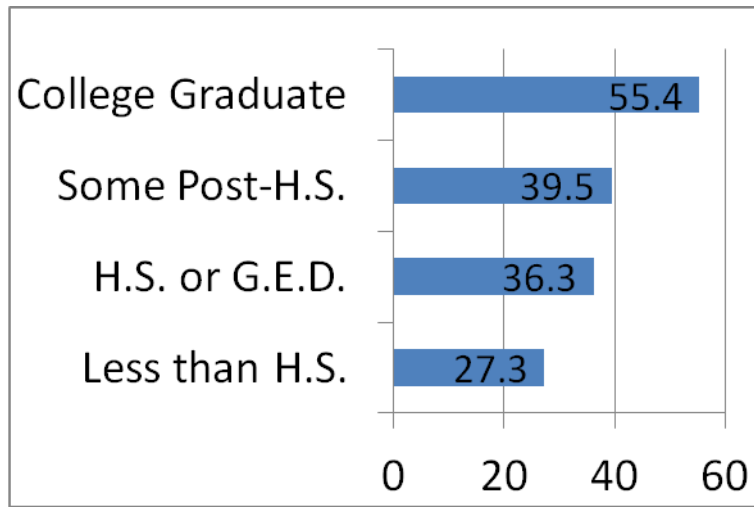
- **72.5% of adult males and 57.5% of adult females** in the Lincoln County Region reported that they have a body mass index (BMI) greater than 25.0 (**overweight or obese**). The Lincoln County Region is similar to North Carolina with percentages of 65% and 65.8% of adult respondents reporting that they have a BMI greater than 25.0, respectively. Also, adults whom classify themselves as **veterans or disabled are more likely to report having an overweight or obese BMI greater than 25.0**.
- According to the Child Health Assessment and Monitoring System Program (CHAMP), **32% of males and 29.1% of females aged 10-17** in the Lincoln County Region are reported as being overweight or obese. When genders are combined, 36% of children aged 10-13 and 25.3% of children aged 14-17 are reported as being overweight or obese.
- When asked “To what degree do you agree with the statement, *It is easy to purchase **healthy foods in my neighborhood** such as whole grain foods, low fat options, and fruits and vegetables*”, respondents in the Lincoln County Region answered “Strongly Agree” or “Agree” 87.1% of the time compared to 86.4% for North Carolina.

Lincoln County Region "Strongly Agreed" Response Percentage Rates when asked to consider the statement above by race, BRFSS 2012



-NC SCHS

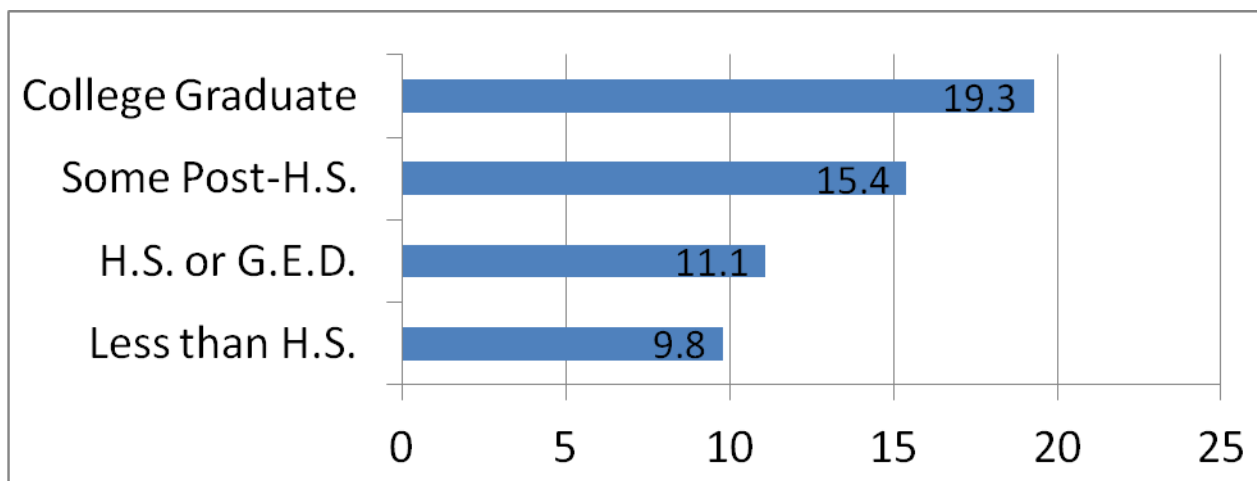
Lincoln County Region “Strongly Agreed” Response Percentage Rates when asked to consider the statement above by educational attainment, BRFSS 2012



-NC SCHS

- A **disparities gap** can be seen above when comparing “Strongly Agreed” response rates when asked “To what degree do you agree with the statement, *It is easy to purchase **healthy foods in my neighborhood** such as whole grain foods, low fat options, and fruits and vegetables*” when compared by race and educational attainment. This issue should be addressed.

Lincoln County Region "Yes" Response Percentage Rate when asked whether they consume 5 or more fruits, vegetables or beans per day by educational attainment, BRFSS 2012



-NC SCHS

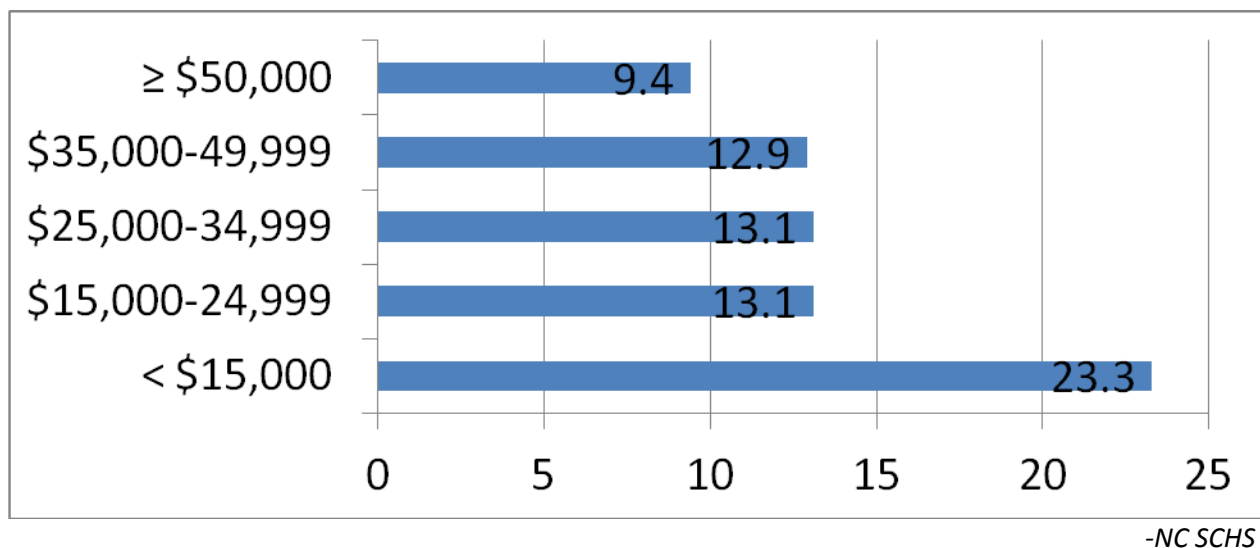
- When Lincoln County Region residents were asked “Do you **consume five or more servings of fruits or vegetables or beans** per day”, 14.5% of respondents answered “Yes” compared to 13.7% of respondents for the state as a whole. Additionally, 18.1% of women answered “Yes” while only 10.6% of men answered “Yes” to the above question, in the Lincoln County Region. A **disparities gap** can be seen when data is compared by educational attainment for the above question.
- 5% of Lincoln County residents reported having **limited access to healthy foods**, compared to 7% in NC. The national benchmark is 1%.
- Lincoln County reported that 56% of restaurants are considered **fast food restaurants**, compared to 49% in NC. The national benchmark is 27%.
- 1% of Lincoln County residents reported having **access to parks**, compared to 14% in NC. There is no reported benchmark.
- 24% of Lincoln County residents reported being **physically inactive**, compared to 25% in NC. The national benchmark is 21%.

-NC SCHS, County Health Rankings

ASTHMA/LUNG HEALTH

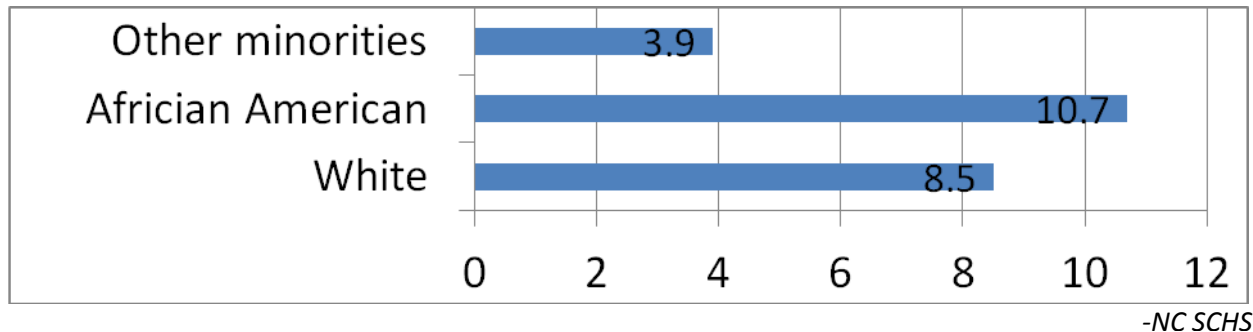
- 13.3% of Lincoln County Region BRFSS respondents answered “Yes” when asked “Has a doctor, nurse, or other health professional **EVER told you that you had asthma?**”, compared to 13.2% of NC respondents. This is statistically similar.
- An apparent disparities gap is shown when comparing data, for the above questions, by household income.

Lincoln County Region "Yes" Response Percentage Rates when asked if respondents have EVER been told they had asthma by a health professional by household income, BRFSS 2012

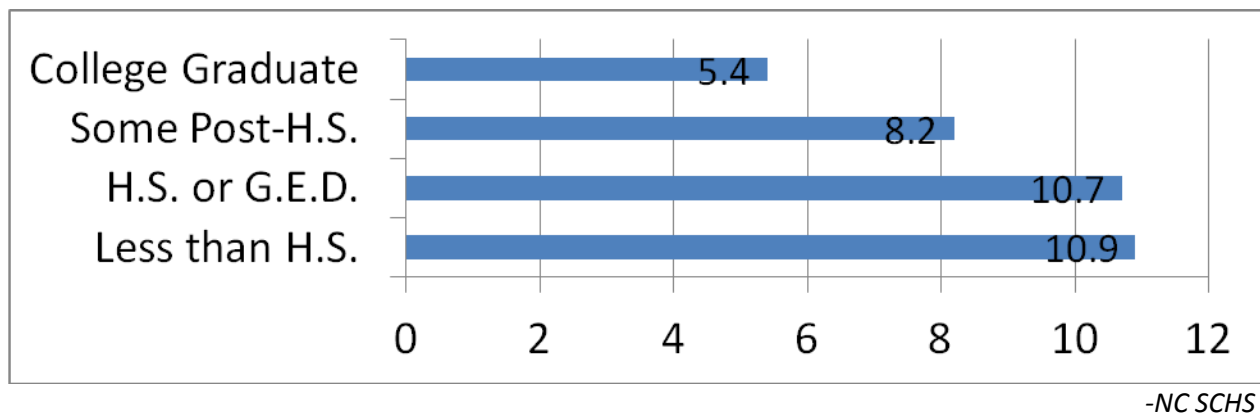


- When Lincoln County Region residents were asked “**Do you currently have asthma?**” the reported results were statistically similar to North Carolina’s reported results at 8.5% and 8.8%, respectively. An apparent **disparities gap** is shown when comparing data, for the above question, by race, educational attainment and household income.

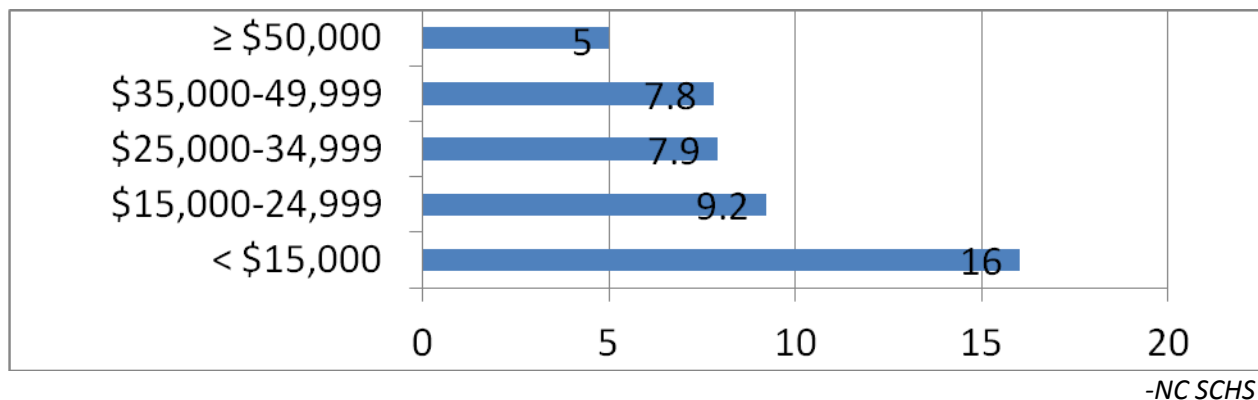
Lincoln County Region "Yes" Response Percentage Rates when asked if respondents currently have asthma by race, BRFSS 2012



Lincoln County Region "Yes" Response Percentage Rates when asked if respondents currently have asthma by educational attainment, BRFSS 2012

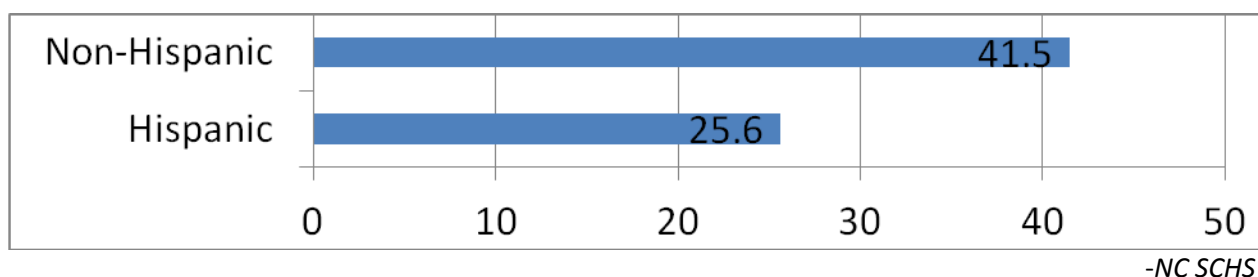


Lincoln County Region "Yes" Response Percentage Rates when asked if respondents currently have asthma by household income, BRFSS 2012

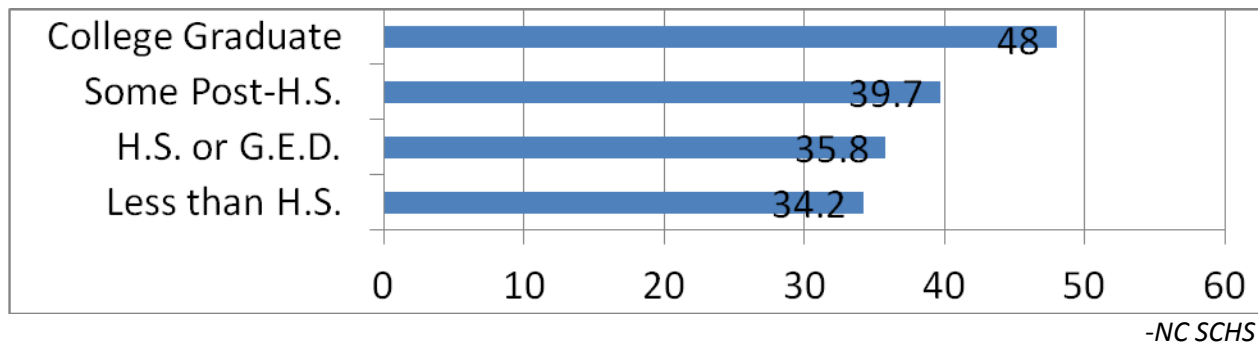


- For **Pneumonia and Influenza Mortality**, Lincoln County reported a rate of 19.9 deaths per 100,000 compared to 17.9 for North Carolina and 15.1 for the United States.
- When asked “During the past 12 months, have you **had either a seasonal flu shot or a seasonal flu vaccine** that was sprayed in your nose?” the reported results were statistically similar to North Carolina’s reported results at 40.2% and 41.2%, respectively. There is an apparent **disparities gap** when comparing data, for the above question, by Hispanic/non-Hispanic, educational attainment and veteran status.

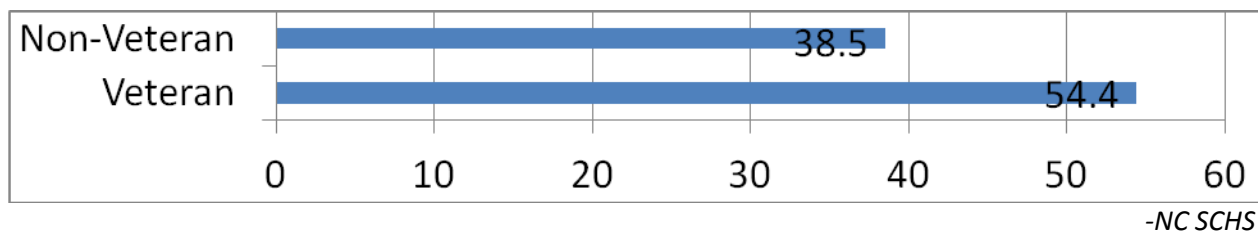
Lincoln County Region "Yes" Response Percentage Rates when asked if respondents have received a flu vaccine in the past 12 months by Hispanic/Non-Hispanic, BRFSS 2012



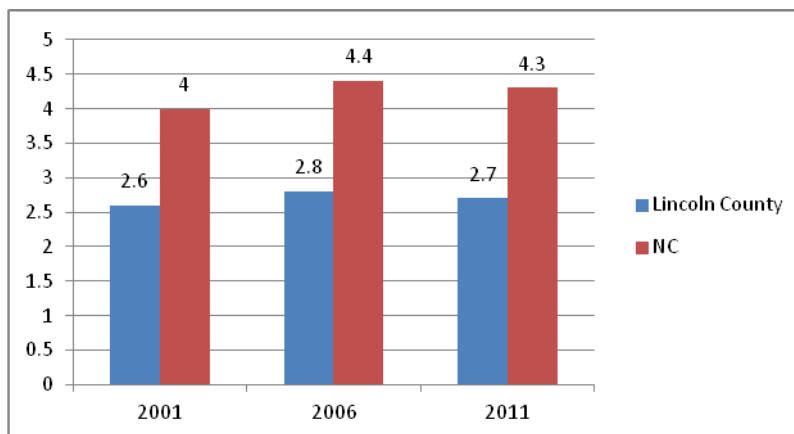
Lincoln County Region "Yes" Response Percentage Rates when asked if respondents have received a flu vaccine in the past 12 months by educational attainment, BRFSS 2012



Lincoln County Region "Yes" Response Percentage Rates when asked if respondents have received a flu vaccine in the past 12 months by veteran status, BRFSS 2012



Oral Health



Trend Data: Rates per 10,000 residents

-NC SCHS

- Lincoln County is well below the state rate for dentists per 10,000 residents. Over the past 10 years we have not increased the number of dentists per residents to meet the needs of our community. We are still in need of more dentists. According to the Community Health Survey, almost 40% of respondents reported they did not have dental insurance. This continues to be a problem for adults seeking dental care who cannot afford the proper preventative care or treatment.

Immunizations

- Immunizations are key to public health. Beginning in December of 2009, children insured by private insurance had to pay for the cost of 11 necessary childhood vaccines, thus making the clients visit their primary care provider to receive the vaccine. From December 2008-2009, the Lincoln County Health Department provided 4,219 vaccines to local residents. From October 2012-October 2013, we provided 2,358 vaccines. This decrease is due to the availability of flu vaccine at other venues and the added cost for private paying patients.

Environmental Health

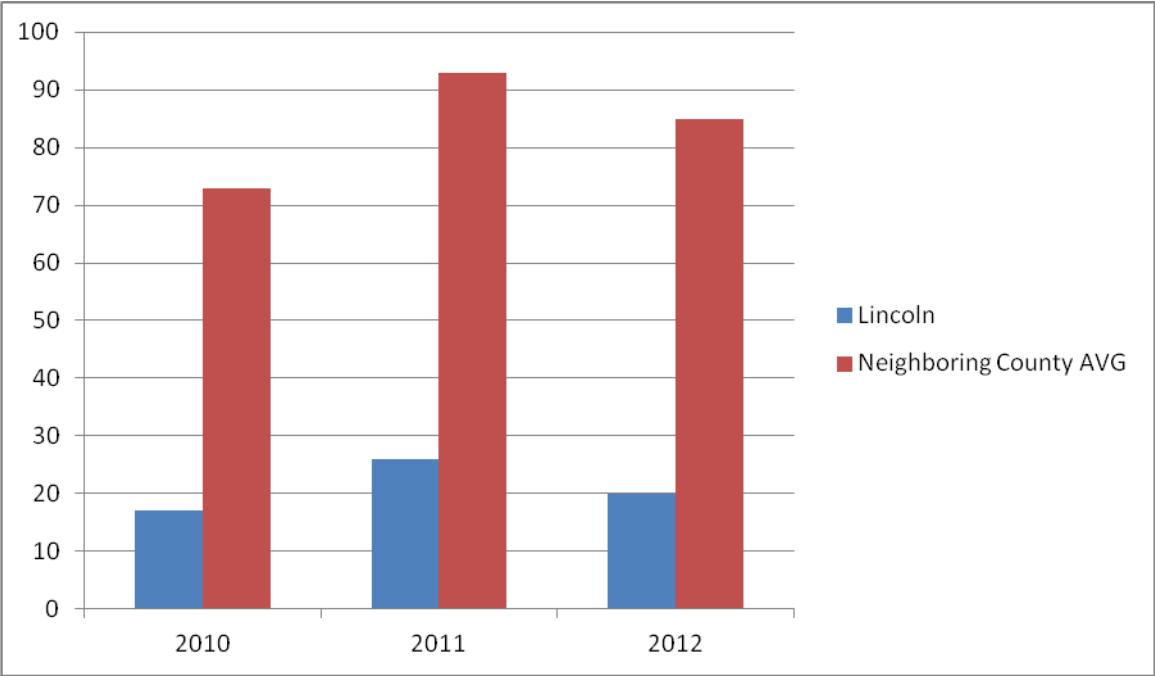
	FY 10-11	FY 11-12	FY 12-13	FY 13-14
F & L Permits	30	28	39	7
On-Site Finals	153	162	168	74
Water Samples	162	282	302	135
New Well Permits	107	85	98	24

-Lincoln County Health Department FY 2012-2013 Year End Report

“The increase in all services for FY 2012-2013 is related to the upturn of the economy.”

-Scott Sneed, Environmental Health Manager

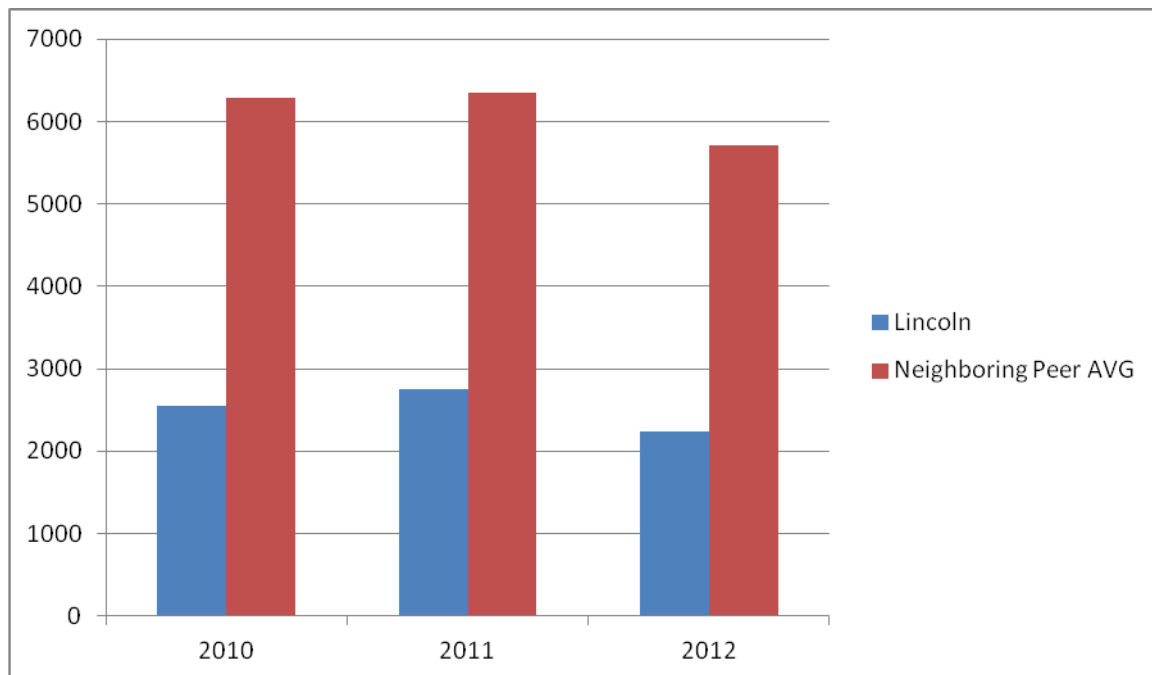
Mental Health



Persons Served in Alcohol and Drug Centers

-Department of Health and Human Services

Mental Health Continued



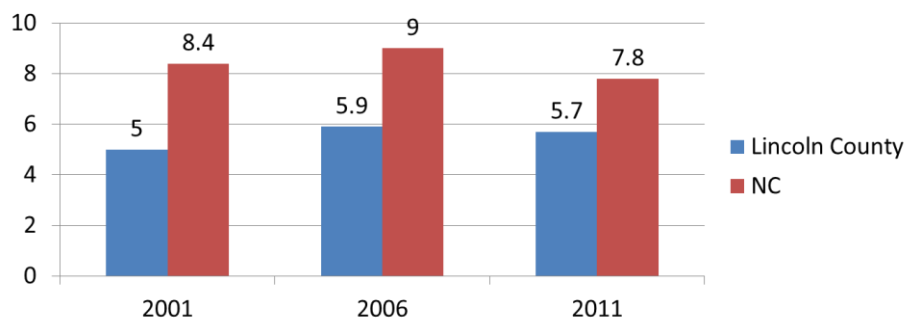
Persons Served in Area Mental Health Programs

-Department of Health and Human Services

- While mental health continues to be an issue for the nation, Lincoln County has seen a decrease in persons in metal health programs much like our neighboring counties have. Since the merger of mental health programs across the region to form Partners, it appears that persons seeking mental health services are receiving the help they need.

Access to Care

Access to Care: Health Care Providers Primary Care Physicians



Trend Data: Rates per 10,000 residents

NC SCHS

- The number of physicians per residents continues to be an issue for Lincoln County. We hope to see an increase in physicians due to the upturn of the economy and rise in economic development.

Statistical Resources

- NC SCHS- North Carolina State Center for Health Statistics: <http://www.schs.state.nc.us/>
- BRFSS- Behavioral Risk Factor Surveillance System: <http://www.cdc.gov/brfss/>
- Lincoln Economic Development Association: <http://www.lincolneda.org/>
- NC Tobacco Prevention and Control Branch:
<http://www.tobaccopreventionandcontrol.ncdhhs.gov/>
- American Diabetes Association: <http://www.diabetes.org/>
- Community Health Rankings: <http://www.countyhealthrankings.org/>

Overview

Local Hospitals and Clinics

Carolinas Medical Center-Lincoln (CMC-Lincoln)

Carolinas Medical Center-Lincoln (CMC-Lincoln) is a new 101 bed hospital and medical office building in Lincolnton, N.C. The contemporary facility provides comprehensive cardiac care services, trauma care and a wide range of services including imaging, rehabilitation, and pain management. New Beginnings, a spacious birthing center, has a Level 2 nursery and pediatric hospitalist on staff to care for infants. CMC-Lincoln also offers numerous infant care classes, diabetes education, and nutritional classes.

Medical Unit	Home Health	Lincoln Med Center Optima Therapies
Surgical Unit	Optima Therapy Services	Lincoln Medical Center Imaging
Critical Care and Intensive care Units	Chiropractic Care	Lincoln Urology
Emergency Department	Sleep Center	Lincoln Center for Women's Health
New Beginnings Maternity Center	Heart Center	Orthopedic Specialists of Lincoln County
Outpatient Diabetes Services	Lakeshore pediatrics	Carolina's Internal Medicine

		Associates
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-CMC-Lincoln

Hospice of Lincoln County

Hospice of Lincoln County began serving patients in Lincolnton in 1987 and, ten years later, merged with Hospice & Palliative Care Charlotte Region to form Hospice & Palliative Care Lincoln County (HPCLC). Working from a home base in Lincolnton, HPCLC serves patients primarily in Lincoln, Catawba, and Gaston counties. Throughout its history, Hospice & Palliative Care Lincoln County has tried to increase public awareness of hospice and maintain quality care for its patients.

-Hospice and Palliative Care of Charlotte

Lincoln County Health Department

Mission Statement

The Lincoln County Health Department provides quality health services to promote a healthy community.

Vision Statement

Lincoln County Health Department services will promote healthy lifestyles through prevention, preparedness and education.

General Information

The Health Department offers the following services to all county citizens, including those with Medicare and Medicaid:

Child Health	Child and Adult Immunizations	Communicable Disease
Tuberculosis Control	STD and HIV/AIDS Testing	Chronic Disease Treatment
Breast and Cervical Cancer Control	General Clinic	Women's Health Clinic
Maternal Health	WIC	Care Coordination for Children
Laboratory	Adult Health	Child Care Health Consultant
Refugee and Migrant Health	Home Health Services	Environmental Health.

Lincoln County Home Health

Home Health provides Home Health Services to residents of Lincoln County who are essentially homebound and are in need of skilled care in the home.

Lincoln County Environmental Health

Environmental Health provides inspections of day cares, restaurants, motels, pools, septic system inspections; and well water sampling and mosquito control.

-Lincoln County Health Department

Helping Hands Clinic

Gaston Family Health Services (GFHS) was formed in 1991 to provide family healthcare to anyone in need, regardless of ability to pay.

Family medicine services were initiated in 1992, with funding through grants from local government and the Gaston Memorial Hospital Foundation. In 1996, GFHS opened the Gaston County Public Health Dental Clinic, expanding it in 2001. In 1998, GFHS opened the Bessemer City Health Care Center, and the GFHS Diabetes Center. In 2002, GFHS was recognized as a Federally Qualified Health Center (FQHC). In 2004, GFHS opened its Pediatric Dentistry, and SeniorCare sites. In 2006, the Women and Children's Counseling Center opened to serve the emotional and behavioral health needs of this population. In 2010, the Cherryville Health Center, the Highland Health Center were opened, and the vision clinic of the Diabetes Center was started. In 2012, a psychiatric nurse practitioner was added to the staff to both treat individual patients and to expand the reach of these services by supporting the Gaston- and Lincoln-based primary care providers as they meet both the physical and mental health needs of their patients using an evidence-based integrated care model.

Building on successes in Gaston County, GFHS has initiated projects under the same model in Iredell County with the 2007 opening of both medical and dental sites; in Lincoln County with opening of a

medical site in 2010; and in Davidson County with the 2012 conversion of a dual-site free clinic into an FQHC.

Gaston Family Health Services (GFHS) has provided family medicine services to Gaston County residents since 1992. GFHS was formed as a non-profit clinic at the health department with a charge to provide health care to the “under-served” of our community. Recognizing that this population (the uninsured, Medicaid, and low-income Medicare) has many special needs, the GFHS program has evolved into a much more comprehensive care provider than the typical family medicine practice. In addition to traditional primary care (health maintenance, and acute and chronic disease care) provided by physicians and mid-level providers, GFHS also provides behavioral/mental health counseling, pharmacy services, chronic disease education programs (in diabetes, asthma, and weight loss), nutritional counseling, medication counseling, and a medication assistance program, as well as case management programs. GFHS also operates two dental facilities and serves as the employing entity for Gaston County’s Parish Nurses.

-Hospice and Palliative Care of Charlotte

Recreation

Lincoln County Parks and Recreation

Parks Betty G. Ross Park 800 Madison Street, Lincolnton, NC 28092 Phone: 704-735-2671	East Lincoln Park 8160 Optimist Club Road, Denver, NC 28037	McBee Street Park East McBee Street, Lincolnton, NC 28092	Vale Recreation Park 4875 Reepsville Road, Vale, NC 28168
Highland Drive Park Highland Drive, Lincolnton, NC 28092	Beatty’s Ford Park 8335 Shipley Lane, Denver, NC 28037	West Lincoln Park 369 Hulls Grove Church Road, Vale, NC 28168	

Matching Grant Received for New Park

Denver Lake Norman Rotary Club Foundation and Lincoln County are pleased to announce that Lincoln County has received a matching grant from the North Carolina Parks and Recreation Trust Fund in the amount of \$352,432. These grant funds, along with funds from the Denver Lake Norman Rotary Club

Foundation, will be used to begin the construction of athletic fields, walking trails, disc golf and playground in the long-awaited park to be located on Galway Lane in Denver. For more information, call the Recreation Department at (704) 748-1518.

-Lincoln County Parks and Recreation

Marcia H. Cloninger "Rail-Trail"

The one-mile Marcia H. Cloninger Rail-Trail, known locally as the Lincolnton Rail-Trail, offers a chance to experience the City of Lincolnton by foot. This trail is highlighted by a stately courthouse, an active Main Street and much more. Currently one-half mile of the rail trail is currently completed. Part of the former Norfolk Southern Railroad corridor, from the old rail- road depot at Pine and North Poplar streets, two blocks north of Main street, the trail meanders through town, briefly sharing its corridor with an active railroad line.

Lake Norman

Recognizing that Lake Norman is an invaluable recreational asset, Duke Power makes every effort to keep it an attractive place to live and play. Duke Power partnered with the state in the establishment of the Duke Power State Park. In addition, Duke has built two bank fishing areas and eight public boating access areas along the shoreline. The public can also enjoy free tours and exhibits offered by the Energy Explorium, Duke's energy information and education center located near McGuire Nuclear Station. Many of the Duke Power public access areas operate in partnership with the North Carolina Wildlife Resources Commission, the South Carolina Department of Natural Resources and various recreation and law enforcement agencies.

Sailing	Golfing	Water Skiing
Jet Skiing	Swimming	Sculling
Boating		

-Leda Fact Book 2013

Lincoln Health Care Resources

Hospitals

Carolinas Medical Center-Lincoln

433 McAlister Rd

Lincolnton, NC 28092

704-735-3071

Lincoln County Emergency Medical Services

720 John Howell Memorial Drive

Lincolnton, NC

704-736-9385

Lincoln County Health Department

151 Sigmon Rd

Lincolnton, NC

704-735-3001

- Health Promotion and Education
- Public Health Preparedness
- WIC
- Immunizations
- Adult Health
- Child Health
- Environmental Health (including permitting)
- School Health (school nurses)
- Maternal Care Coordination
- Child Care Coordination
- Communicable Disease testing and management
- Refugee Health

Home Health Agencies

Lincoln County Home Health Agency

206 Gamble Drive Suite B

Lincolnton, NC

704-736-8647

Personal Homecare of North Carolina

333 East Main St.

Lincolnton, NC

704-732-7021

Healthy at Home CMC-Lincoln

853 S Laurel St.

Lincolnton, NC 704-732-0943

Community Health Clinic

Helping Hands

206 Gamble Drive Suite

Lincolnton, NC

704-735-3145

Nursing Homes/Adult Care

- | | |
|------------------------------------|--------------|
| • Amazing Grace | 704-435-2952 |
| • Boger City Rest Home | 704-732-2220 |
| • Brian Center | 704-735-8065 |
| • Cardinal Health Services | 704-732-7055 |
| • Lakewood Care Center | 704-483-7000 |
| • Lincoln Nursing Center | 704-732-1138 |
| • Heath House | 704-732-1113 |
| • Wexford House | 704-489-2633 |
| • Carillon Assisted Living-Lincoln | 704-732-0029 |
| • Northbrook Rest Home | 704-276-3200 |
| • Bessemer Heights | 704-732-8561 |
| • Crescent Court I | 704-736-9161 |
| • Crescent Court II | 704-735-0844 |
| • Crestview I | 704-748-2191 |
| • Laurel Lane | 704-732-8326 |
| • Patriot Lane | 704-735-0369 |
| • Turner I | 704-748-2374 |
| • Turner III | 704-736-9635 |
| • Turner V | 704-736-0912 |

- Brookwood 704-735-3199
- Linoak 828-428-0552
- Riverview 704-732-1606
- Sunny Hill I 704-732-5609
- Sunny Hill II 704-732-7579

Hospice and Palliative Care of Lincoln County

107 N Cedar St.

Lincolnton, NC 28092

704-732-6146

Mental Health Facilities/Substance Abuse Resources

Partners

901 S New Hope Rd

Gastonia, NC 28054

1-800-898-5898

AAA Care and Treatment

306 S Columbia St.

Gastonia, NC

704-861-8011

Lincoln County Department of Social Services

1136 E Main St. Lincolnton, NC

704-732-0738

- Adult Services
- Child Welfare Services
- Child Support
- Economic Services
- Work Permits
- Services for the Blind

- Vocational Rehabilitation
- Adolescent Parenting Program (704-732-9017)

Domestic Violence and Child Abuse Resources

Amy's House

810 Grier St, Lincolnton, NC

704- 736-1224

Lincoln County Child Advocacy Center

161 Policarp Street

Lincolnton, NC 28092

704-736-1155

Lincoln County Coalition Against Child Abuse

115 W Main St.

Lincolnton, NC

704-736-1155

Public Transportation

TLC-Transportation Lincoln County

1323 East Gaston Street

Lincolnton, NC

704-736-9626

Dentists

General DDS

Dr. Frank Avason	704-820-9797
Dr. Daniel Carson	704-489-1777
Dr. John Cloninger, III	704-736-0992
Dr. Les Cloninger	704-732-3336
Dr. Robert Cloninger	704-735-3014
Dr. Keith Dedmond	704-735-7001
Dr. Brian Dedmond	704-735-7001
Dr. Warren Hoyle	704-732-3503
Dr. Mary Huffman	704-748-1110
Dr. Jack Lassiter	704-735-4722
Dr. Herbert Mills	704-483-9797
Dr. Michael Muckler	704-489-9100
Dr. Adam Naylor	704-748-1110
Dr. Richard Pence	704-735-8228
Dr. Robert Schneider	704-735-7042
Dr. Darrell Schrum	704-735-8207
Dr. Cordell Scott	704-735-2230
Dr. Bert Wilmer	704-483-5501
Lincolnton Family DDS	704-735-3117

Orthodontists

Dr. Steve Austin	704-735-1606
Dr. Todd Hamilton	704-820-0320

Medicaid Children

Dr. Cordell Scott	704-735-2230
Dr. Adam Naylor	704-748-1110
Dr. Nathan Ellis	704-748-1110
Lincolnton Family DDS	704-735-3117

Medicaid Children/Adults

Dr. Adam Naylor	704-748-1110
Dr. Nathan Ellis	704-748-1110
Lincolnton Family DDS	704-735-3117

Oral Surgeons

Darab & Richardson Oral and Maxillofacial Surgery

Dr. David Darab	704-732-7477
Dr. Paul Richardson	704-732-7477

Carolina Center for Oral and Facial Surgery

Lake Norman –Denver-office

704-820-2982

Dr. Todd Crowley

Dr. Robert Galup

Dr. Dale Misiek

Dr. Brian Farrell

Dr. Bart Farrell

Dr. Daniel Cook

Dr. Brian Kelley

Chiropractic Services

Train Chiropractic

1814 N. Aspen St.

Lincolnton, NC

704-735-9668

West Lake Chiropractic

275 Hwy 16N, Ste 102

Denver, NC

704-489-1999

Burris Chiropractic Clinic
108 S Poplar St. Lincolnton, NC
704-735-7272

Lincoln Chiropractic
108 Newbold St.
Lincolnton, NC
704-735-8226

Active Lifestyle Chiropractic and Wellness Center
3140 NC Hwy 16 N
Denver, NC
704-257-6666

Atkinson Family Chiropractic
7547 Waterslide Loop Rd.
Denver, NC
704-827-6560

Family Chiropractic
1895 N NC 16 Hwy
Denver, NC
704-489-2273

Foundation Chiropractic

3273 N NC Hwy 16

704-489-2511

Triangle Chiropractic Health Center

1247 N NC 16 Hwy

704-483-6911

Pharmacies

Bi-Lo

742 Hwy 27 W

Lincolnton, NC

704-732-8266

Generals Blvd

Lincolnton, NC

704-735-9800

The Drug Store

626 Center Dr

Lincolnton, NC

704-735-2556

9576 NC Hwy 10

Vale, NC

704-462-0229

2667 E. Main St

Lincolnton, NC 28092

704-742-7365

Caremor

3634 N NC 16 Hwy

Denver, NC

704-489-2223

Wal-Mart

306 N General Blvd

704-732-3090

7131 Highway 73

Denver, NC

704-827-8228

CVS Pharmacy

1403 E Main St

Lincolnton, NC

704-735-1493

Walgreens

6010 S NC 16 Hwy

704-483-9133

7409 Webbs Rd

Denver, NC

704-483-7204

1230 E. Main Street

Lincolnton, NC 28092

704-745-0091

6020 South NC Hwy 16

Denver, NC

7385 HWY 73

Denver, NC 28036

704-827-7962

704-483-6759

Sentry Drug

2622 E Main St

Lincolnton, NC

704-732-1194

1446 Gaston St

Lincolnton, NC

704-732-1194

Denver Pharmacy

388-A N NC Hwy 16

Denver, NC

704-483-5571

Lincoln Drugs

132 E Main Street

Lincolnton, NC

704-7323016

<i>Physicians</i>	
North State Medical Group (Family Medicine)	704-483-2200
LakeMont Family Medicine	704-732-3266
Lincoln Family Practice	704-735-7413
National Medical Clinic (Internal Medicine)	704-866-8030
Lincoln Internal Medicine	704-736-9188
First Foundation Clinic of the Carolinas	704-748-6900
First Foundation Clinic of the Carolinas (Dallas)	704-923-0446
Scala Medical Clinic	704-748-9949
Carolina's Internal Medicine Associates	704-489-2400

Aswad Surgical Group	704-735-0511
CMC Surgery-Lincoln	704-735-7069
Claude Falls General Surgery North State Medical	704-735-3116
Lincoln Pediatric Clinic	704-735-1441
Lakeshore Pediatric Center	704-489-8401
Charlotte Radiology	704-442-4390
Pulmonary Clinic of the Carolina's & IM	704-736-9959
North State Medical Group (Critical Care & IM)	704-735-3116
Dr. David Nachamie (Urology)	704-732-2661
McKay Urology	704-732-4409
Dr. Maher Habashi (Orthopedics)	704-735-3116
Southeast Anesthesiology Consultants,	704-377-5772
Piedmont Pathology Associates Inc.	1-888-339-8147
Piedmont Emergency Medicine Assoc.	704-376-7362
Graystone Ophthalmology Assoc.	704-732-3796
East Lincoln Primary Care	704-489-0365
COURTESY	
Caromont Heart, Suite 300	704-868-3256
Mountain Island Family Practice	704-399-1415
Novant Health	704-316-1635
Carolina Cardiovascular & Thoracic Surgery Assoc.	704-671-7670
Carolina Ear, Nose & Throat, Head & Neck Surgery Center	704-748-6712

Carolina Ear, Nose & Throat	704-868-8400
OrthCarolina Mooresville	704-664-1060
Piedmont Cardiology Assoc.	828-261-0009
CONSULTING	
Carolina Heart	704-867-2141
Gaston Digestive Disease Clinic	704-867-3585
Lincoln Dental Health Services	704-735-2230
Long Term Care Assoc.	1-800-945-9618
Mecklenburg Neurological Assoc.	704-334-7311
Sanger Clinic Heart and Vascular Group	704-732-0708
Sanger	704-373-0212
ALLIED HEALTH PROFESSIONALS	
Carolina Eye Care	704-735-7101
Lincoln Foot Care	704-732-4361
CMC AT LINCOLNTON	704-735-3071
Lincolnton Medical Group	704-735-7474
West Lincoln Family Medicine	704-748-2245
Family Medicine Associates of Lincoln Co., LLC	704-732-8736

Other Community Resources

Law Enforcement

Lincolnton Police

627 East Main Street
Lincolnton, NC 28092

704-736-8900

Lincoln County Sheriff's Department and Detention Center

John Howell Memorial Drive

704-732-9050

Lincoln County JobLink Career Center

529 North Aspen Street
Lincolnton, N.C. 28092
704- 735-8035

Lincoln County Senior Services

514 S. Academy St.
Lincolnton, NC

704-736-8410

Chamber of Commerce

101 East Main Street

Lincolnton, NC

704-735-3096

Multi-Cultural Center of Hope

156 Vandiver Dr
Lincolnton, NC 28092-0911
704- 748-1218

Libraries

Charles R Jonas Library

306 W Main St.

Lincolnton, NC

704-735-8044

West Lincoln Branch Library

5545 W Hwy 27

Vale, NC

704276-9946

Florence Soule Shanklin Branch Library

7837 Fairfield Forest Rd

Denver, NC

704-483-3589

Community Support

Hesed House of Hope, Inc.

Mailing Address: 228 Stanford Rd.

PMB 161

Lincolnton, NC 704-732-0175

Christian Ministry of Lincoln County

230 E Water St.

704-732-0383

United Way of Lincoln County

211 W Water St.

Lincolnton, NC

704-732-8055

Literacy Council

814 E Main St

Lincolnton, NC

704-732-4189

Resources for Children

Partnership for Children of Lincoln and Gaston Counties

3146 Dallas-High Shoals Hwy

Dallas, NC

704-922-0900

Media

Lincoln Times News

News at Norman

Lincoln Tribune

Gaston Gazette

Hickory News and Record

WSOC 9 Charlotte (ABC)

Fox News Charlotte

WCNC 36 Charlotte (NBC)

WBTV 3 Charlotte (CBS)

WLON-am radio

Que Pasa

Mi Gente

Churches

Zion

Links Chapel AME Zion Church	704-732-4779
Moore's Chapel AME Zion Church	704-732-8900
Poplar Springs AME Zion Church	704-735-0960

Baptist

Amity Baptist Church	704-735-4340
Antioch Baptist Church	704-732-1351
Hope Baptist Church	704-732-9374
Leonards Fork Baptist Church	704-735-9740
Mount Vernon Baptist Church	704-736-1030
Oak Grove Baptist Church	704-735-9069
Redeemed Baptist Church	704-735-1127
Second Baptist Church	704-732-0357
Union Baptist Church	704-732-4145
Unity Baptist Church	704-240-9626
Beth Haven Baptist Church	704-483-2635

Baptist Free Will

Highland Drive Free Will Baptist Church	704-735-0074
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Sparks Free Will Baptist Church	704-732-6433
New Grace Baptist Church	704-736-9848
Providence Missionary Baptist Church	704-735-5768

Southern Baptist

Boger City Baptist	704-735-5642
Calvary Baptist Church	704-735-9976
David Memorial Baptist Church	704-735-5481
Faith Baptist Church	704-735-9820
First Baptist Church	704-732-1101
Gainesville Baptist Church	704-732-0293
Hulls Grove Baptist Church	704-276-1181
Lincoln Avenue Baptist Church	704-735-8057
Long Shoals Baptist Church	704-736-1106
Macedonia Baptist Church	704-735-3287
Mount Vernon Baptist Church	704-276-2830
New Life Baptist Church	704-732-1191
New Vision Ministries	704-736-0902
Pearl Baptist Church	704-735-2038
River View Baptist Church	704-735-3935
Roseland Baptist Church	704-735-6567
Salem Baptist Church	704-732-1131
Sharon Baptist Church	704-735-3246
Southside Baptist Church	704-735-2418
Westport Baptist Church	704-483-5851

New Hope Baptist	704-483-8610
Liberty Baptist Church	704-460-7023
Reepsville Baptist Church	704-240-4094

Catholic

St. Dorothy's Catholic	704-735-5575
Holy Spirit Catholic Church	704-483-6448

Charismatic

Covenant Bible Church	704-735-1559
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Disciples of Christ/Church of Christ/Church of God

First Christian Church Disciples of Christ	704-735-9843
Lincoln Church of Christ	704-748-9777
Grace Temple Holiness Church of God	704-748-9905
Iron Station Church of God	704-732-4585
Lakeside Church	704-489-6320

Episcopal

St. Luke's Episcopal	704-735-2444
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Gospel

Lincolnton Foursquare Gospel Church	704-735-2444
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El Shaddai Full Gospel Baptist Church	704-732-0355
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New Providence Full Gospel Church	704-732-9644
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Independent/Interdenominational/Jehovah's Witness/Latter Day Saints

East Lincoln Missionary Baptist	704-735-4191
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Victory Grove Tabernacle	704-735-9097
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Lincolnton Congregation of Jehovah's Witness	704-735-8538
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Church of Jesus Christ and Latter Day Saints	704-735-1504
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Lovely Holy Temple Church	704-735-4714
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Lutheran

Bethpage Lutheran Church	704-735-8405
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Daniel's Lutheran Church	704-735-2388
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Emmanuel Lutheran Church	704-735-9033
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Holy Cross Lutheran Church of Lincolnton	704-732-0251
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St. Paul's Lutheran Church	704-922-4387
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Salem Lutheran and United Church of Christ	704-732-7320
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Trinity Lutheran Church	704-276-1257
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Lake Norman Lutheran Church	704-483-2130
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Methodist

Asbury United Methodist Church	704735-6448
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Palm Tree United Methodist Church	704-462-1103
Ebenezer United Methodist Church	704-483-2777
Mt Beulah United Methodist Church	704-483-3339
Boger City Methodist Church	704-735-7513
Crowell Memorial United Methodist Church	704-735-8889
Hebron United Methodist Church	704-276-1411
Hinton Memorial United Methodist Church	704-732-0931
Ivey Memorial United Methodist Church	704-736-1901
Marvin United Methodist Church	704-732-2910
McKendree Methodist Church	704-735-4062
Messiah United Methodist Church	704-276-2423
Pisgah United Methodist Church	704-732-1990
Pleasant Grove United Methodist Church	704-735-7511
Reepsgrove United Methodist Church	704-276-2971
Rhyne Heights United Methodist Church	704-735-6136
Bethel United Methodist Church	704-483-1366
Brevards Chapel United Methodist Church	704-483-7446
Denver United Methodist Church	704-483-1601
Fairfield United Methodist Church	704-483-6407
Lebanon United Methodist Church	704-483-5219
Mt. Pleasant United Methodist Church	704-483-3087
St. James United Methodist Church	704-483-3394
Salem United Methodist Church	704-483-5055
Webbs Chapel United Methodist Church	704-483-9434
Tuckers Grove United Methodist	704-732-0550

Pentecostal

Daystar FWC Church of God	704-736-9949
Church of the Living God No 9	704-735-0661
Eastwind United Pentecostal Church	704-736-9162

Presbyterian

Lakeshore Church PCA	704-483-3265
First Presbyterian Church	704-735-8671
Unity Presbyterian Church	704-483-5266

Wesleyan

Boger City Wesleyan	704-735-4681
Long Shoals Wesleyan Church	704-732-1617
Denver Wesleyan Church	704-483-0469

Lincoln County Health Department Guide to Services

CLINICAL SERVICES	
Adult Health	The Adult Health program provides comprehensive health exams, related laboratory testing, education, and referrals for both men and women over the age of eighteen who reside in Lincoln County.
Breast and Cervical Cancer Control (BCCP)	BCCCP provides breast and cervical cancer screenings for uninsured/underinsured women ages 50-64; clinical breast exams, mammograms, pap smears, and referrals as needed.
Child Health	Through this clinic, children/adolescents 21 years of age and younger who live in Lincoln County may receive well child preventive health exams, related laboratory testing, client-centered education, appropriate vaccinations, and referrals as needed.
Care Coordination for Children (CC4C)	This program provides care management for children birth to 5 years of age, assisting with interventions to maximum health outcomes.
Chronic Disease Treatment	The Chronic Disease Management program provides treatment, education, referral and follow-up to clients with chronic diseases such as diabetes, hypertension, or high cholesterol.

Communicable Disease	<p>The objectives of this program are to promptly investigate disease outbreaks and to implement control measures to minimize disease transmission; and to keep the community and media informed of public health interventions in order to enhance disease control efforts. The program also includes the following services:</p> <ul style="list-style-type: none"> • Sexually Transmitted Disease and HIV/AIDS Testing: Provides confidential examinations, diagnostic testing and treatment of STDs, as well as HIV counseling and testing. • Tuberculosis Control: Provides management and treatment of persons with active, suspected, or latent TB infection.
General Clinic	Provides pregnancy tests, adult immunizations, TB testing, and certain blood tests with a physician's order.
Immunizations	Immunizations are provided for adults, including Hepatitis A and B, Td/Tdap, measles, mumps, rubella, flu, and pneumonia. TB skin testing is also provided, as well as state required vaccines to all children birth through age eighteen who qualify.
Maternal Health	In order to promote healthy pregnancies and babies, this program provides comprehensive, routine prenatal care and education to pregnant women who live in Lincoln County. Patients are referred for other services as appropriate which may include WIC, PCM, Post-Partum/Newborn home visiting, etc. Patients will deliver at CMC-Lincoln.
Pregnancy Care Management (PCM)	Through this care management program, Medicaid eligible women are assisted in obtaining local resources to meet their needs during pregnancy and immediately following delivery.
CLINICAL SERVICES: Continued	
Migrant/Refugee Health	This program ensures the availability of essential health care services to migrant farm workers, their families, and any documented refugees who live in Lincoln County.
Women's Health	In order to promote wellness, planned pregnancies, and prevention of disease, the Family Planning clinic offers complete physical examinations including pap smears, breast exams, screening for STDs, limited laboratory testing, and various birth control methods.
OTHER SERVICES	
Interpreter Services	Interpreter services are provided for hearing impaired and Spanish speaking clients.
Community Health	The community health division provides education and programming to improve the health of the community. Focus areas include: fitness and nutrition, tobacco cessation, and emergency preparedness. If you are interested in a health education program, please call (704) 736-2023.
Community Transformation Grant Program Coordinator	The Community Transformation Grant Program Coordinator works to increase access to healthy food options, promote physical activity, and improve tobacco free policies. This grant is funded by the CDC until

	September 2016.
Child Care Health Consultant	The Child Care Health Consultant provides health, safety, and nutrition consultation and trainings to child care staff, children, and parents to increase the quality of care in child care centers and family child care homes in Lincoln County. This is a grant funded by the Partnership for Children of Lincoln & Gaston counties.
Laboratory	Laboratory testing for the various health department clinics, health fairs, and outreach programs are provided, as well as assisting patients with routine laboratory orders from their private physician.
School Health	School nurses work within Lincoln County Schools providing a variety of services including, but not limited to: health assessments and preventive screenings, educational information and/or presentations to students and staff; provision of individualized health care and emergency action plans; assessment of immunization compliance and school safety; and referrals and follow-up as necessary.
Susan G. Komen Grant Program Coordinator	The Susan G. Komen Grant Program Coordinator works to educate on the importance of breast health and increases access to breast exam services. Works in conjunction with the BCCCP/Adult Health Coordinator.
Vital Records	The Health Department's registrar files registration of all Lincoln County births and deaths, and ensures that the information is complete and accurate. Please call the Lincoln County Register of Deeds at (704) 736-8530 for a certified copy of a birth or death certificate.
OTHER SERVICES: Continued	
Women, Infants, and Children Program (WIC)	<p>WIC is a supplemental nutrition program that serves pregnant, breastfeeding, or postpartum women, infants, and children to age five. WIC provides nutrition education, nutritious supplemental foods, breastfeeding information and education, and referrals for other health care services. WIC also offers breastfeeding resources and support and has an International Board Certified Lactation Consultant (IBCLC) and a Breastfeeding Peer Counselor on staff.</p> <p>WIC HOURS: Monday, Wednesday, Friday: 8:00 AM - 5:00 PM Tuesday, Thursday: 8:00 AM - 8:00 PM</p> <p>WIC Telephone: (704) 736-8639 or (704) 736-8640</p>
HOME HEALTH SERVICES	
Nursing assessments	
Catheter care and instructions	

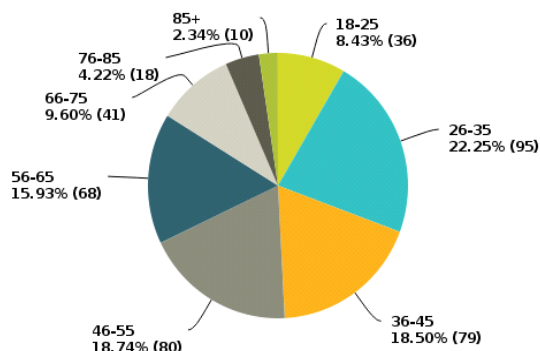
Blood pressure check
Enteral nutrition
Ostomy care
skin and wound care
Diabetic care and instruction
Injections
Irrigations
Enemas
Blood/urine collection for lab
Bed and tub bath
Personal Care
Patient education
Family education
Physical therapy
Speech therapy
Occupational therapy
Oxygen therapy
Medical supplies
Many other related services

2013 Community Health Assessment Survey

427 Lincoln County Residents

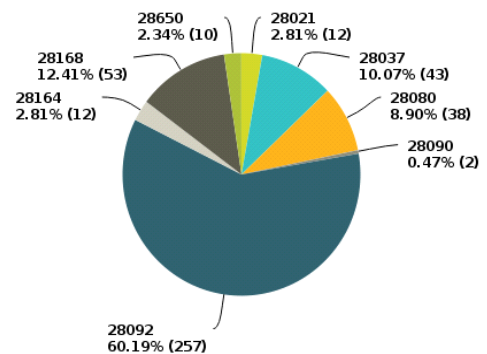
Q2 What age group are you in?

Answered: 427 Skipped: 0



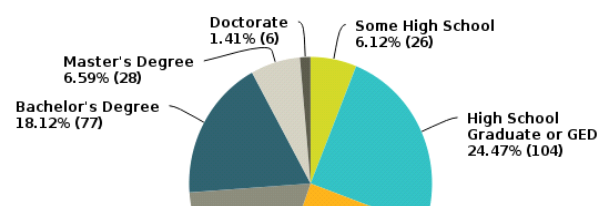
Q1 What is your zip code?

Answered: 427 Skipped: 0



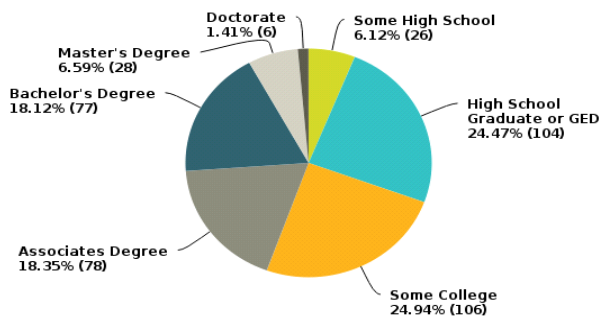
Q4 What is the highest grade you completed?

Answered: 425 Skipped: 2



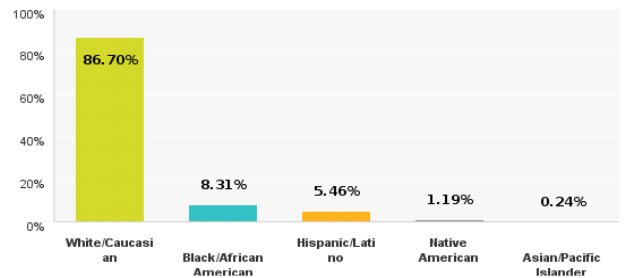
Q4 What is the highest grade you completed?

Answered: 425 Skipped: 2



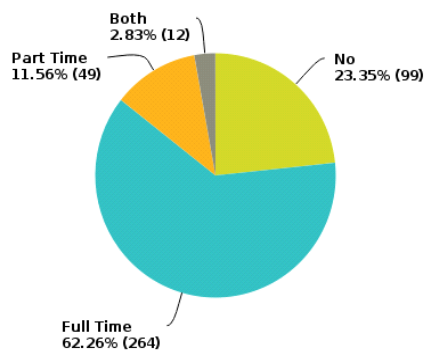
Q5 What is your race/ethnicity? (Check all that apply)

Answered: 421 Skipped: 6



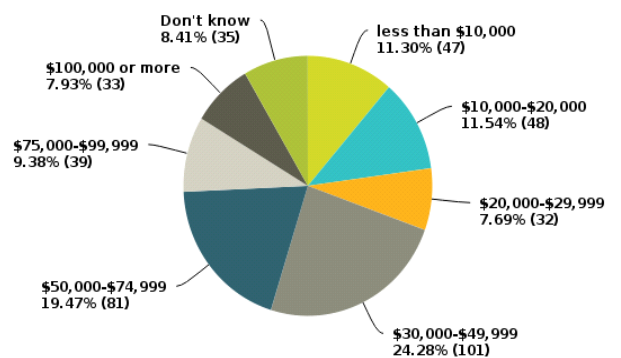
Q6 Are you employed?

Answered: 424 Skipped: 3



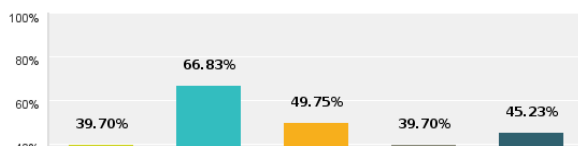
Q7 What was your total household income in 2012?

Answered: 416 Skipped: 11

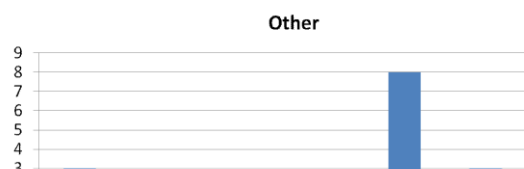


Q8 Do you have trouble paying for any of the following services/necessities? Check all that apply

Answered: 199 Skipped: 228

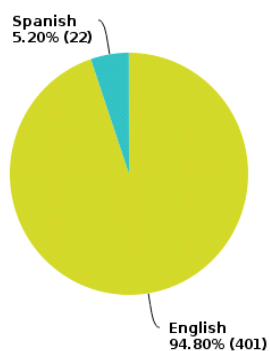


Trouble paying for... Other:



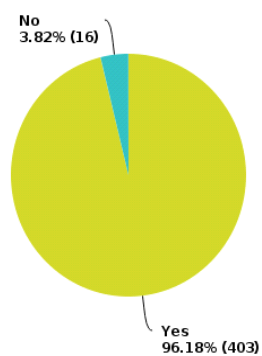
Q9 What is the primary language spoken in your home?

Answered: 423 Skipped: 4



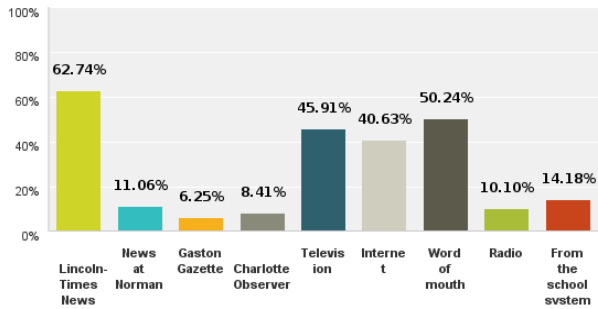
Q10 Do you have reliable transportation?

Answered: 419 Skipped: 8



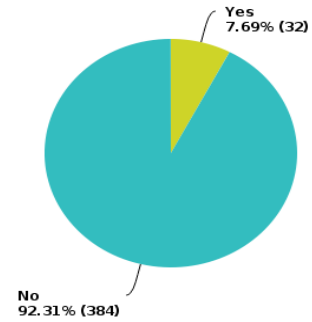
Q11 How do you receive information/news about Lincoln County services, events, reports? (Check all that apply)

Answered: 416 Skipped: 11



Q10

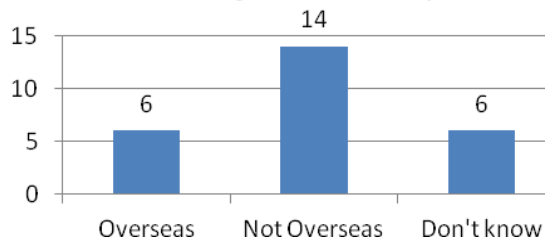
Is a member of your family currently serving in the military?



Q13 (From Q12)

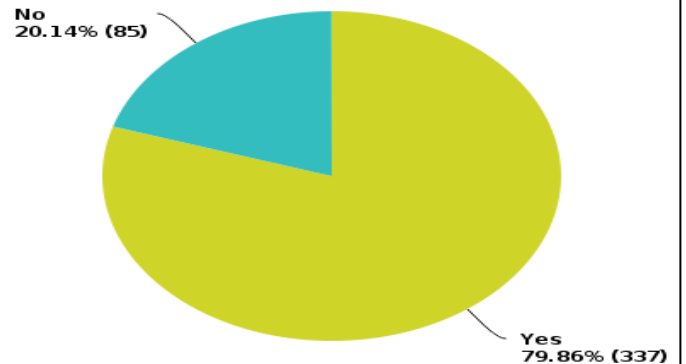
If your family member is serving in the military, are they currently serving overseas?

Serving in the Military



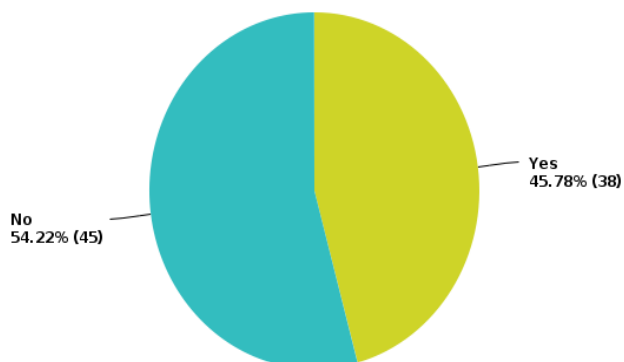
Q14 Do you have internet access at home?

Answered: 422 Skipped: 5



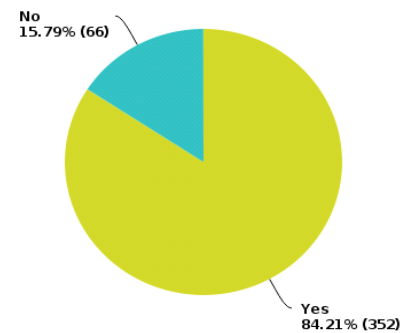
Q15 Do you have convenient internet access somewhere else?

Answered: 83 Skipped: 344

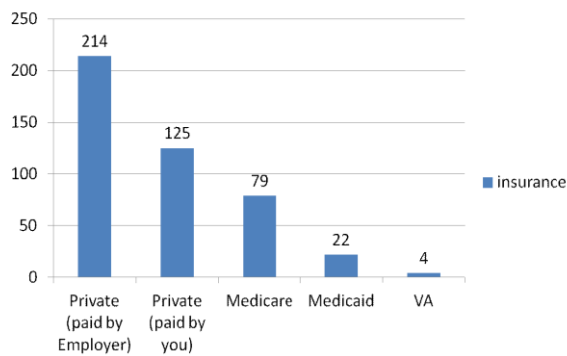


Q16 Do you have health insurance?

Answered: 418 Skipped: 9

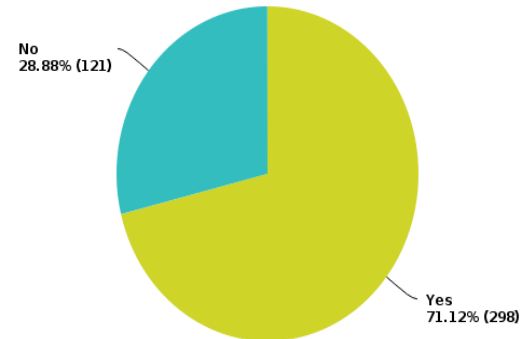


Q17 Type of Insurance



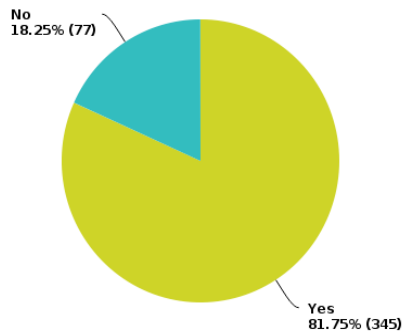
Q18 Do you receive most of your medical services in Lincoln County?

Answered: 419 Skipped: 8



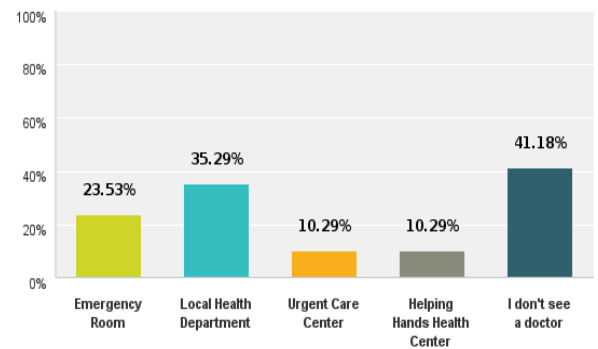
Q19 Do you have a doctor you see regularly? (Medical Home/ Primary Doctor)

Answered: 422 Skipped: 5



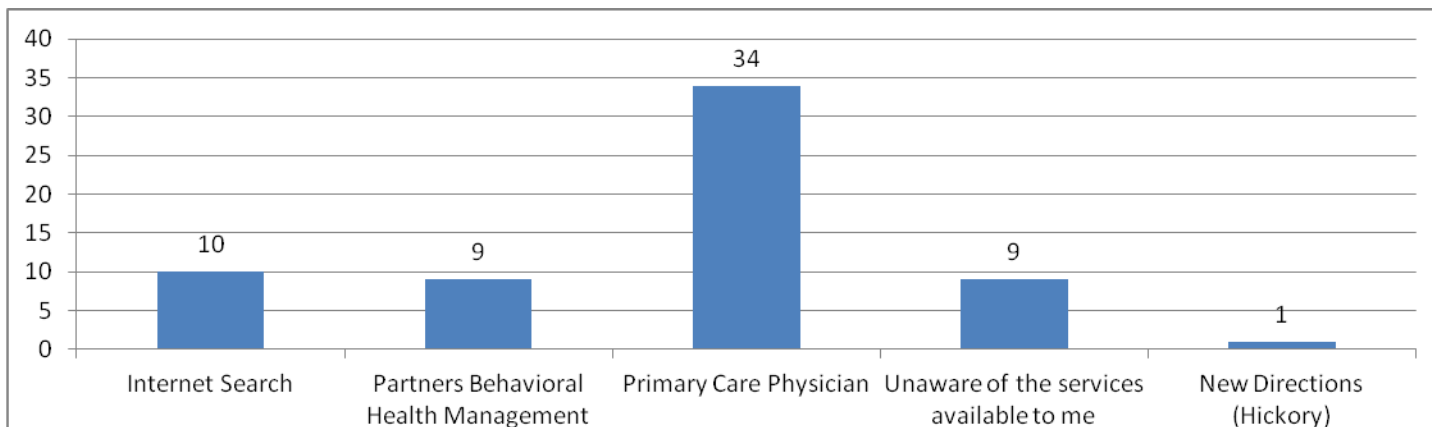
Q20 What is your source for medical care?

Answered: 68 Skipped: 359



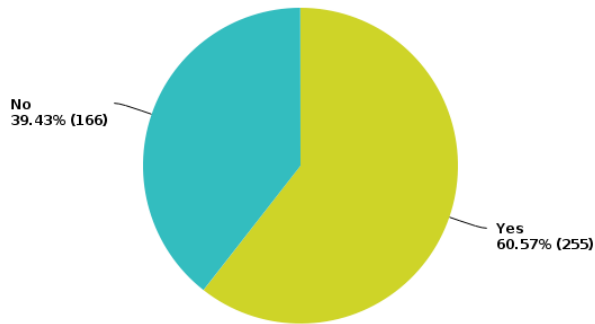
Q21

Have you or a family member accessed mental health services in the past year? If so, which of the following have you accessed? (Select all that apply)



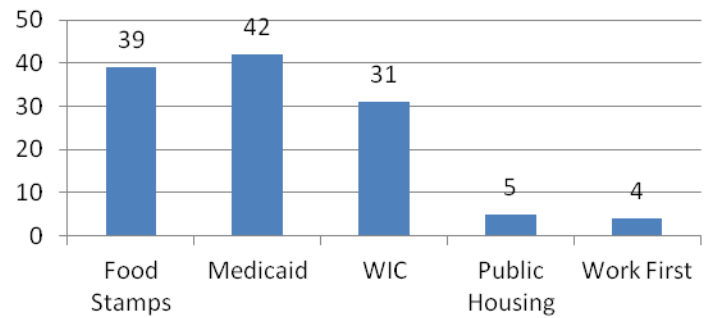
Q22 Do you have dental insurance?

Answered: 421 Skipped: 6



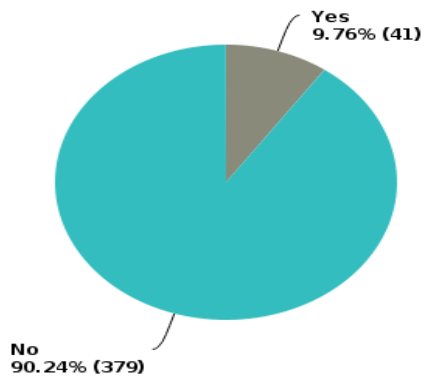
Q23

**Do you receive any of the following services?
(Select all that apply)**



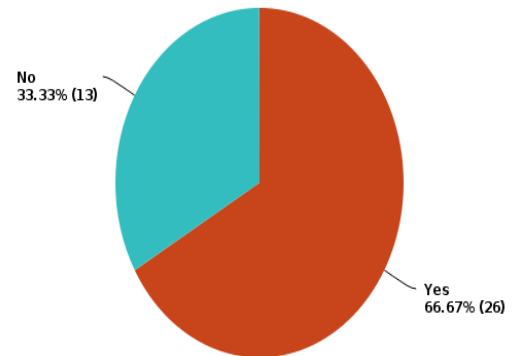
Q24 Do you smoke or use smokeless tobacco?

Answered: 420 Skipped: 7



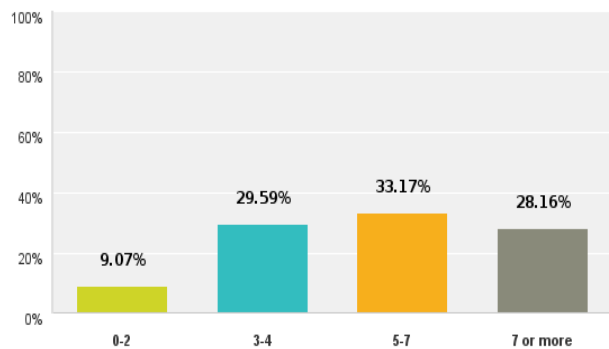
Q25 In the last year, have you tried to quit using tobacco products?

Answered: 39 Skipped: 388



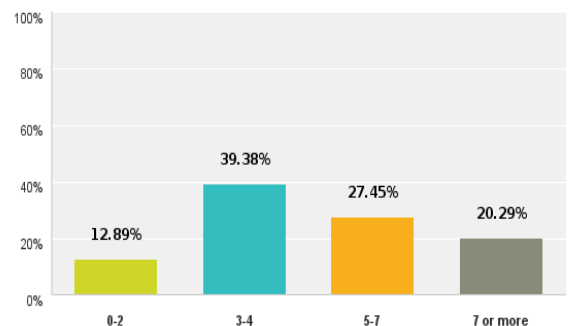
Q26 How many homemade meals do you consume a week?

Answered: 419 Skipped: 8



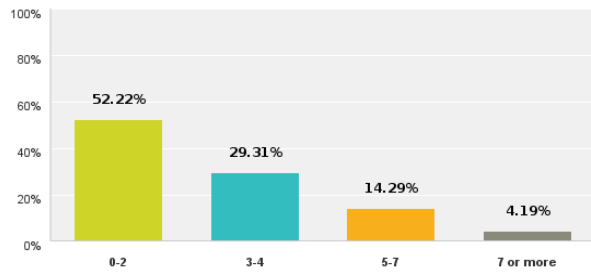
Q27 How many of your meals each week include fresh fruits and vegetables?

Answered: 419 Skipped: 8



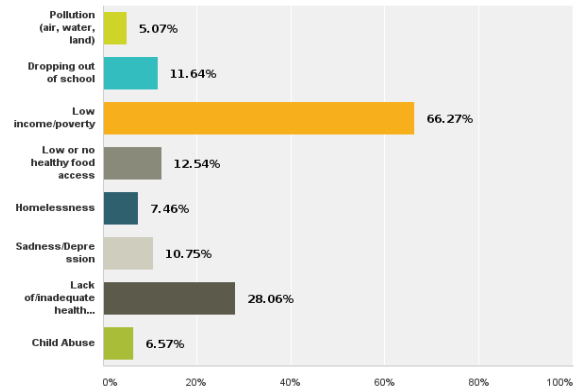
Q28 How many days a week do you engage in at least 30 minutes of cardiovascular physical activity?

Answered: 406 Skipped: 21



Q29 In your opinion, which one issue most affects the quality of life in Lincoln County?

Answered: 335 Skipped: 92



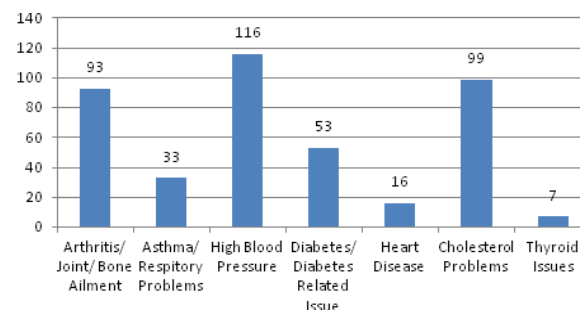
(From Q29)

Quality of Life Issue Comments

- Affordable Housing
- Domestic Violence (2)
- Drugs (5)
- Economy
- Education (2)
- Elderly Services
- Unemployment/ Jobs (6)
- Lack of Public Recreational Facilities
- Lack of Medical Care
- Political Issues (3)

Q30

Have you been diagnosed with any of the following? (Select all that apply)



(From Q30)

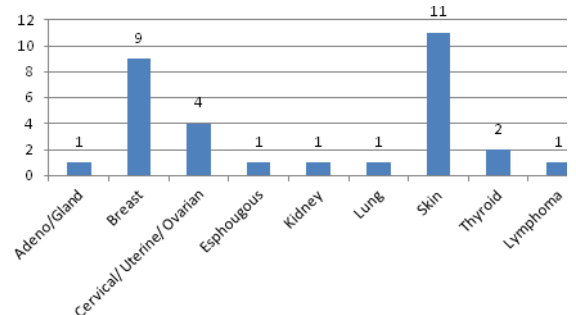
Other Diagnoses

- Fibromyalgia
- Sinus
- Vitamin Deficiency
- Barrett's Esophagus
- Lyme Disease
- Oropharyngeal Squamous Cell Carcinoma
- Bipolar
- PCOS
- Brain Tumor

Q31 and Q32

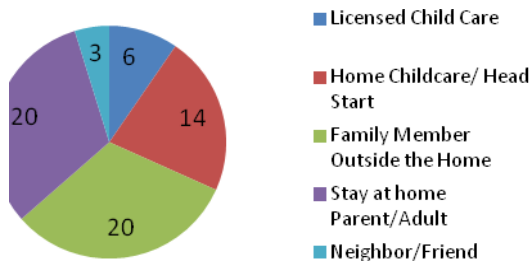
Have you ever been diagnosed with cancer? If yes, what type?

9% of respondents reported having a cancer diagnosis



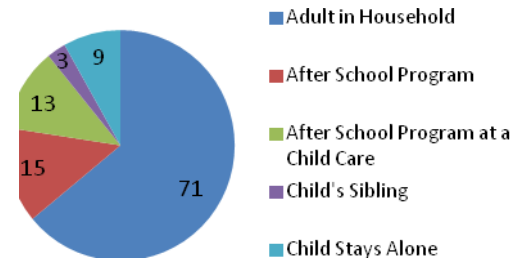
Q33

If you have children under 5 years old, where do they receive childcare services?



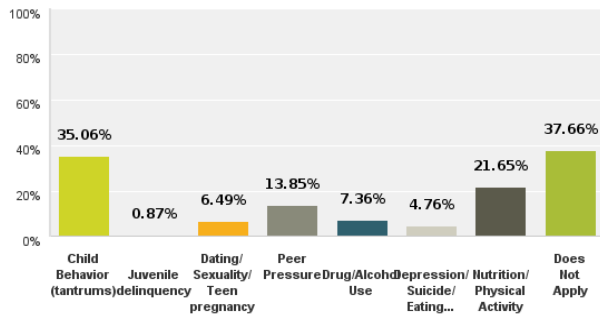
Q34

If you have children ages 6-12, who provides care for them after school?



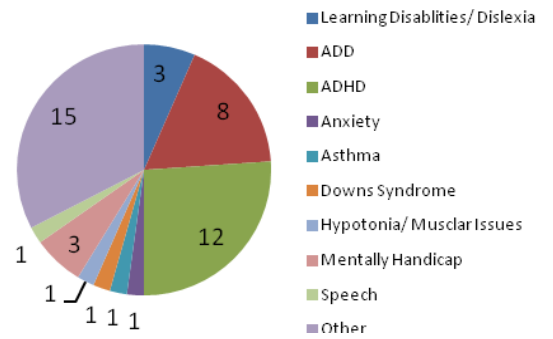
Q35 What are your most challenging parenting issues? Check all that apply

Answered: 231 Skipped: 196



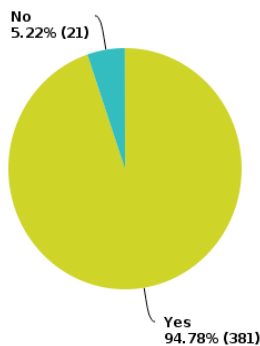
Q36

If your child has been diagnosed with a special need, which was he/she diagnosed with?



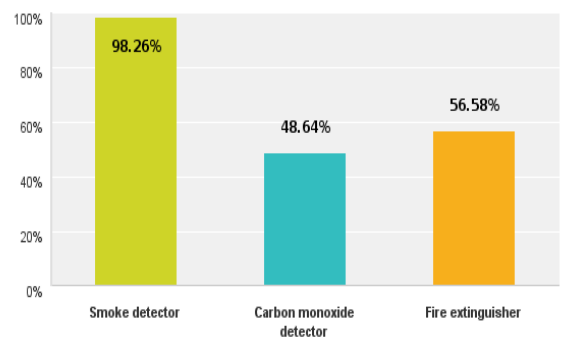
Q37 Do you feel safe in Lincoln County?

Answered: 402 Skipped: 25



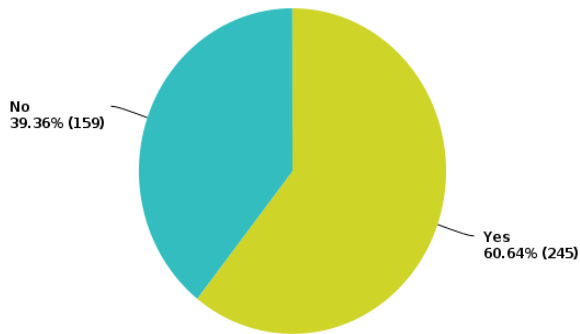
Q38 Does your household have a working: Check all that apply

Answered: 403 Skipped: 24



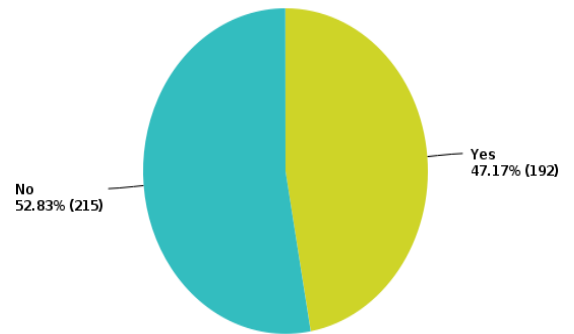
Q39 Does your family have a Family Emergency Plan?

Answered: 404 Skipped: 23



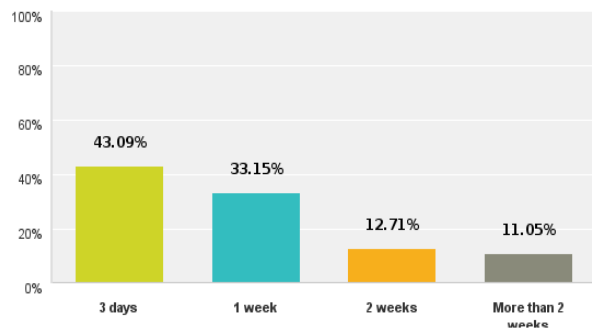
Q40 Does your family have a basic emergency supply kit?

Answered: 407 Skipped: 20



Q41 How many days worth of supplies does your emergency kit contain?

Answered: 181 Skipped: 246



Appendix A

Community Health Assessment Team Members

Lincoln County Partnership for Health		
Name	Position	Agency
Amy Tyler, MSW	Social Worker	Lincoln County Schools
Belinda Branson		Lincoln County Schools
Brandi Davis	Family Planning Coordinator	Lincoln County Health Department
Caitlyn Floyd	Outreach Coordinator	Carolinas Medical Center- Lincoln
Debbie Hartsell		Emergency Management
Donna Blake		Gaston College
Donna Norwood, RN		Lincoln County Health Department
Elizabeth Carroll	Program Manager	Partnership for Children Lincoln/ Gaston
Elizabeth Joy Smith, RN, BSN	Communicable Disease Nurse	Lincoln County Health Department
Erma Deen Hoyle	Director	Lincoln County Parks & Rec
Gladys Hollis		Lincoln County Health Department
Gwen McBee, RN, CDE	Director of Diabetes Education	Carolinas Medical Center- Lincoln
Harriet Lineberger		Lincoln County Board of Health
Jessica Towery	APP Coordinator	Lincoln County DSS/ PFCLG
Jordan Frye	Marketing Coordinator	Carolinas Medical Center- Lincoln
Juliana Whitaker	CCHC	Lincoln County Health Department
Kara Brown		Lincoln Economic Development Association
Kathy Caudle		NC DPI Lincoln County Schools
Kellie Hull, MPH	Community Transformation Grant	CTG Region 4
Kim Maguire	Service Development	Partners BHM
Krista Phillips, RN		Lincoln County Schools & Lincoln County Health Department
Laurel Morrow, CPP	Coordinator, Human Resources Development	Gaston College
Leigh Guth, M.Ed	Family and Consumer Sciences Extension Agent	NC Cooperative Extension Service
Lena Allen	Community Health Manager	Lincoln County Health Department
Lucy Garcia	Interpreter	Lincoln County Health Department
Luz Lopez		Multicultural Center of Hope
Maggie Dollar	Health Director	Lincoln County Health Department
Marissa Brooks	Maternity Care Coordinator	Lincoln County Health Department
Marti Hovis	Director	Lincoln County Senior Service
Mary Elaine Knight		Susan G. Komen Grant Coordinator
Melinda Houser		NC Cooperative Extension Service
Missy Calloway		Lincoln County Parks & Rec
Nicole Avery	Medical Records	Lincoln County Health Department
Pam Null		Carolinas Medical Center- Lincoln
Prissy Helms, RDH, BS	Dental Hygienist	NC Oral Health Branch
Rachel Carpenter	Environmental Health	Lincoln County Health Department
Sarah Tench	FNP	Lincoln County Health Department
Scott Sneed	Environmental Health	Lincoln County Health Department
Shannon Alfaro, RN	Immunization Program Coordinator	Lincoln County Health Department
Stacy Bryant	Communications Officer	Partners BHM
Susan McCracken, MSW	Director	Lincoln County DSS
Teena Leonard		Lincoln County Health Department
Wanda Backus	Community Health Tech.	Lincoln County Health Department
Yerby Ray		United Way of Lincoln County

2013 Board of Health Members

Dentist Dr. Cordell Scott, II, DMD Chairman	Public Member Kathy Caudle Vice-Chairman	Optometrist Dr. Robert D. Hitt, OD
Public Member Harriet P. Lineberger	Pharmacist Donnie Davis, Jr., RPh	Public Member Candance Heavner
County Commissioner Cecelia Martin	Engineer Kirk Gavel, P.E.	Nurse Ginger Lusk, RN
Physician Dr. Jermeliah Martin	Veterinarian Vacant	

Appendix B

Lincoln Economic Development Association 2013 Fact Book